



CIPRIANI

CASANOVA WELLNESS CENTRE

WELLNESS CENTRE MENU

WELCOME TO THE LEGENDARY WORLD OF BELMOND

When you stay with Belmond, your wellness becomes our top priority. Whether lazing in our spa or dining on nutritious cuisine, practicing yoga on the beach or simply soaking up the sense of serenity in our tranquil hideaway, take the time to refresh both body and soul.

CONTENTS

- 01** RELAX AND REVIVE
- 02** SIGNATURE INDULGENCES
- 03** MESSAGES
- 04** BODY TREATMENTS
- 05** FACIAL TREATMENTS
- 06** RITUALS FOR MEN
- 07** PREGNANCY TREATMENTS
- 08** FINISHING TOUCHES
- 09** SPA STYLE
- 10** PRICE LIST

01 RELAX AND REVIVE

We invite you to unwind in our wellness centre, surrounded by the tranquil Casanova Gardens where once the legendary lothario wooed his lovers. Among the fragrant roses, restored vines and wisteria-draped pergolas, enjoy a wide range of treatments harnessing the power of nature.

We offer three single treatment rooms, a couple's treatment room and a Thai treatment room devoted to Asian rituals. We also have a hairdressing salon offering a full range of services.

Our pampering treatments use Italy's finest natural spa products: Comfort Zone for skin and Davines for hair treatments, famed for their sustainable and ethical approach to beauty.

All rituals are suitable for both men and women unless otherwise stated. Please enjoy complimentary use of our Fitness Centre, sauna and steam bath during your stay.

Opening times:

Treatments: from Tuesday to Saturday, 11:00-19:00, closed on Sundays and Mondays, reservation required.

Fitness Centre: by reservations.

Access: Find us in the Casanova Gardens between the Cipriani and Palazzo Vendramin.

Reservations: Call ext 505 or press the Spa button on your room phone.

02 SIGNATURE INDULGENCES

CASANOVA GARDEN RITUAL

APROX 120 MINUTES

Relax in a garden of earthly delights. This fragrant ritual begins with a geranium and lavender footbath. Afterwards the body is treated with a refreshing floral water and an exfoliating massage using a salt and olive oil scrub, which helps purify the skin and stimulate lymph flow. Finally, we soothe butter, myrtle and rosemary oil over the body.

ROMANCE RITUAL

APROX 120 MINUTES

The experience begins with a cup of refreshing jasmine green tea. You then enjoy a beautifully scented footbath, followed by an all-over body exfoliation and a relaxing soak in a geranium-scented bath. The treatment culminates in a soothing massage in the Casanova couple's suite.

SLEEP RITUAL

50 MINUTES

Restore physical balance and combat jet lag with this soothing ritual. A synergy between Tranquillity blend essential oils, exclusive Sound and a massage with soft brushes works on three sensorial paths to promote sleep and overall harmony.

50+ RITUAL

50 MINUTES

For women experiencing hormonal changes to the face and body, this ritual brings serenity and vitality. Cell Support Technology™, innovative textures and a special massage technique, Dermal Petrissage, combine to boost production of collagen for a deep skin regeneration. For women 50+.

03 MASSAGES

TRADITIONAL 50/80 MINUTES
Enjoy a full body massage designed to ease tension, soothe stress and induce a sense of wellbeing.

MUSCLE MELT MASSAGE 50/80 MINUTES
(ALSO AVAILABLE FOR COUPLES)
We drizzle a blend of warm oils over the body and follow with a muscle massage. Intense strokes and flowing techniques promote a calm and relaxed state.

AROMATHERAPY 50/80 MINUTES
(ALSO AVAILABLE FOR COUPLES)
This harmonising massage employs essential oils to enhance physical, emotional and mental wellbeing. Tension melts away, leaving you blissfully relaxed.

FEET MASSAGE 50 MINUTES
By using gentle thumb and finger pressure on the reflex points of the feet, reflexology encourages the body to restore its own healthy balance.

LYMPHATIC DRAINAGE 50/80 MINUTES
Improve your circulation and benefit from a gentle, natural expulsion of toxins and excess fluid from the body.

04 **BODY TREATMENTS**

AROMASOUL SCRUB

25 MINUTES

Nourish your skin and give your body an all-over silky feel with this renewing treatment. The volcanic scrub and blended aromatherapy oils leave you delightfully scented and smooth.

DETOX & DRAIN

80 MINUTES

Reap the benefits of this intensely detoxifying, draining, anti-cellulite treatment. Thermal water and essential oils are combined with a deep tissue purification to drain away waste and toxins. The perfect boost for legs encumbered by edematous cellulite.

DEEP BODY RENEWAL

50 MINUTES

Enjoy a reshaping, revitalising massage that provides an intense metabolic boost. While tackling water retention and helping to drain toxins, it reactivates your circulation and eases muscle tension.

05 FACIAL TREATMENTS

ACTIVE PURENESS 50 MINUTES
Purify and tone your complexion with this deep cleansing facial that uses a mattifying spirulina algae mask. Intense but delicate, it balances and refreshes the skin for revitalising results.

REMEDY 50 MINUTES
Boost the health and beauty of your skin with this renewing, fortifying and soothing facial, perfect for sensitive, fragile and redness-prone complexions. An exclusive massage inspired by physiotherapy and osteopathic techniques includes jade spheres, renowned for their detoxifying properties.

SUBLIME SKIN EYES 25 MINUTES
Fight dark circles, puffiness and fine lines with this triple-action treatment. Look forward to illuminated, rejuvenated eye contours.

SACRED NATURE REGENERATIVE ELIXIR 80 MINUTES
Repair, regenerate and revitalise your face, neck and décolletage with this luxury pro-youth treatment containing organic ingredients. An antioxidant botanical complex and the innovative Regener-lift Massage combine to achieve immediate toning and firmness.

SACRED NATURE REGENERATIVE HYDRA 50 MINUTES
Enjoy a treatment using moisturising and regenerative organic ingredients. A unique 7-step ritual revitalises and brightens the complexion to extraordinary effect.

06 **RITUALS FOR MEN**

All of the spa treatments above are also suitable for men.

HIGH PERFORMANCE FACIAL

50 MINUTES

Specifically designed to enhance male complexions, this treatment acts synergically on three levels: it hydrates, purifies and soothes.

BACK & SHOULDER RESCUE

50 MINUTES

Melt away tension with this decontracting and detoxifying treatment for the head, neck and back.

07 PREGNANCY TREATMENTS

MOTHER-TO-BE MASSAGE

50 MINUTES

Expert antenatal techniques are used to relieve stress, alleviate back aches and reduce water retention. A nourishing body oil, enriched with Tamanu, soothes even the most delicate skin. Pillows and bolsters make the treatment safe and comfortable for all expectant mothers after their first trimester.

NEW MOTHER BODY RITUAL

50 MINUTES

This deeply restorative, pampering, all-over body treatment incorporates exfoliation and the layering of Tamanu oil products rich in vitamin E to instantly improve the skin's tone and lustre. Ideal for new mothers from six weeks postnatal onwards.

08 **FINISHING TOUCHES**

NAIL CARE

Manicure

Pedicure

Anti-ageing hand treatment

Refreshing foot treatment

Polish change for fingers and toes

HAIR REMOVAL

Upper lip

Underarm

Bikini area

Brazilian bikini

Arms

Half leg waxing

Full leg waxing

Back

09 SPA STYLE

We're delighted you will be joining us. Our spa is an oasis of calm, and we therefore ask that you help us maintain a peaceful ambience by speaking in a soft voice and turning off your cell phone.

APPOINTMENTS

As treatments are subject to availability, we strongly recommend scheduling your appointments before your arrival. Appointments for minors (children under 18 years of age) must be made by a parent or guardian, who must also check them in. Minors booked in for closed-door spa treatments must have a guardian in the room for the duration of the service.

CANCELLATIONS

We ask that you make any cancellation or change to treatments at least four hours before your appointment. If you cancel less than four hours in advance, you'll be charged 50% of the fee. If you cancel without notice, you'll be charged 100%.

ARRIVAL

We invite you to arrive a few minutes before your appointment to allow adequate time to change. For your comfort we provide a robe, towel, slippers and other amenities. As a courtesy to other guests, should you arrive late we regret that we will only be able to offer you the remainder of your appointment time. The full cost of the treatment or service will still be charged.

WELLBEING

For your comfort and safety, we ask you to mention any conditions you may have, such as injuries, illnesses or allergies, when booking your appointment as certain treatments may not be advisable. In addition, before your treatment begins, please let your therapist or aesthetician know of any medical concerns.

PRECAUTIONS

We recommend eating and drinking in moderation and avoiding alcoholic beverages prior to your spa treatment or exercise class. If you need to shave (particularly beardless men receiving a facial), please do so at least two hours before your appointment. Please don't shave your legs prior to a body scrub treatment. Sunburn may limit enjoyment of your spa treatments; please be vigilant and use sun protection.

JEWELLERY AND VALUABLES

Most therapies flow more easily without the interference of jewellery. We recommend removing neck and wrist ornaments. Please leave all valuables in your room safe.

10 PRICE LIST

All prices are quoted in Euros. 10% VAT included in all listed prices.

All treatments can be enjoyed in your room for an additional charge of €40 per person.

SIGNATURE INDULGENCES

CASANOVA GARDEN RITUAL	(APPROX 120 MIN)	315.00
ROMANCE RITUAL	(APPROX 120 MIN)	560.00 per couple
SLEEP RITUAL	(50 MIN)	200.00
50+ RITUAL	(50 MIN)	150.00

MASSAGES

TRADITIONAL	(50 MIN) (80 MIN)	170.00 240.00
MUSCLE MELT MASSAGE	(50 MIN) (80 MIN)	200.00 285.00
MUSCLE MELT MASSAGE FOR COUPLES	(50 MIN) (80 MIN)	350.00 per couple 495.00 per couple
AROMATHERAPY	(50 MIN) (80 MIN)	200.00 285.00
AROMATHERAPY FOR COUPLES	(50 MIN) (80 MIN)	350.00 per couple 495.00 per couple
FEET MASSAGE	(50 MIN)	170.00
LYMPHATIC DRAINAGE	(50 MIN) (80 MIN)	170.00 240.00

BODY TREATMENTS

AROMASOUL SCRUB	(25 MIN)	85.00
DETOX & DRAIN	(80 MIN)	200.00
DEEP BODY RENEWAL	(50 MIN)	150.00

FACIAL TREATMENTS

ACTIVE PURENESS	(50 MIN)	140.00
REMEDY	(50 MIN)	140.00
SUBLIME SKIN EYES	(25 MIN)	85.00
SACRED NATURE REGENERATIVE ELIXIR	(80 MIN)	200.00
SACRED NATURE REGENERATIVE HYDRA	(50 MIN)	150.00

10 PRICE LIST

RITUALS FOR MEN

HIGH PERFORMANCE FACIAL	(50 MIN)	140.00
BACK & SHOULDER RESCUE	(50 MIN)	150.00

PREGNANCY TREATMENTS

MOTHER-TO-BE MASSAGE	(50 MIN)	170.00
NEW MOTHER BODY RITUAL	(50 MIN)	170.00

FINISHING TOUCHES

NAIL CARE		
Manicure		65.00
Pedicure		85.00
Anti-ageing hand treatment		25.00
Refreshing foot treatment		25.00
Polish change for hands or feet		40.00
HAIR REMOVAL		from 20.00 to 95.00

Reservations: Call ext 505 or press the Spa button on your room phone.

INCOMPARABLE GENUINE TRAVEL

BELMOND.COM