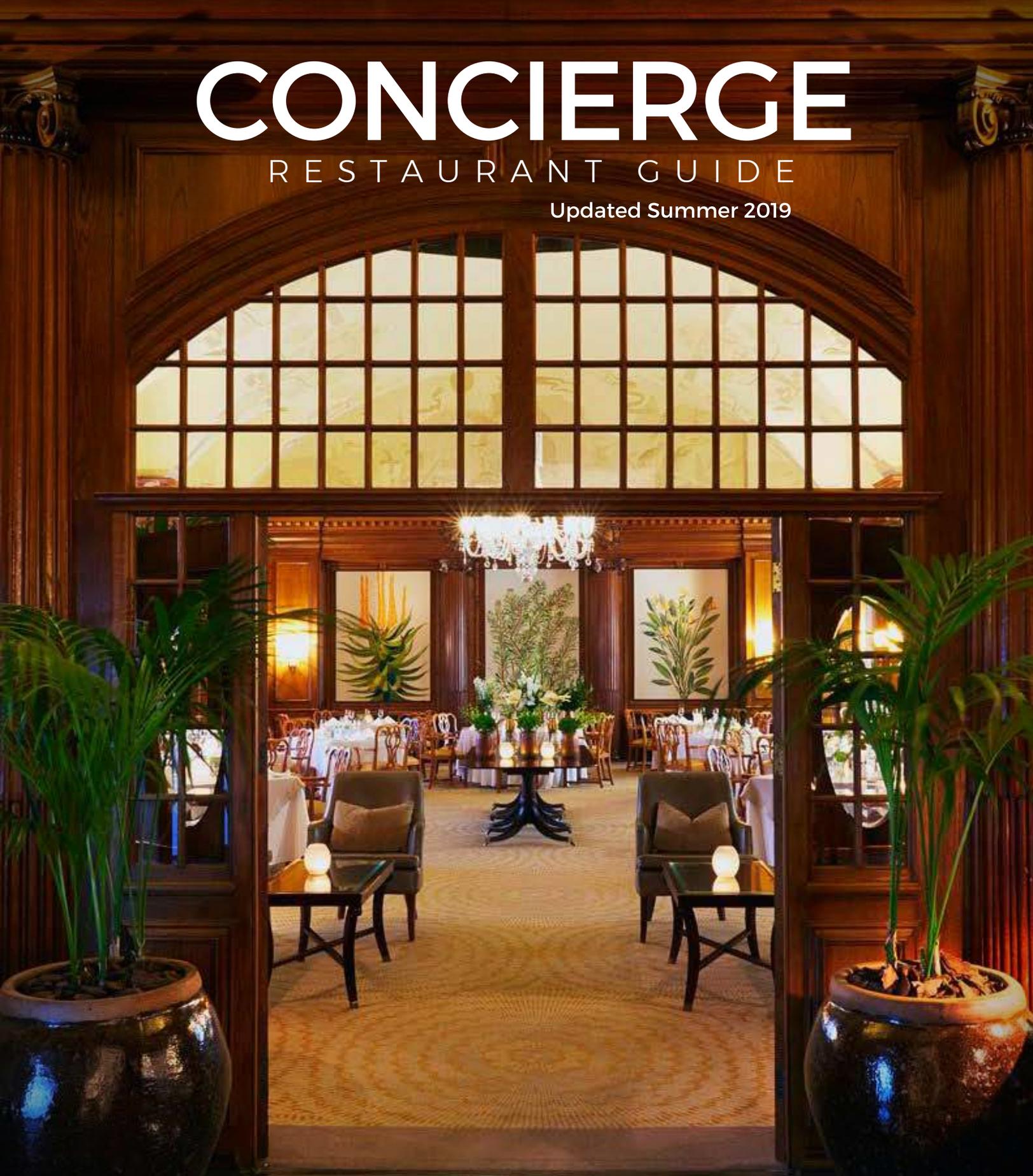


CONCIERGE

RESTAURANT GUIDE

Updated Summer 2019



At the hotel

The hotel offers the perfect venue for any occasion

On our doorstep

An eclectic mix of local restaurants and bars

A little further afield

Explore the best the Cape has to offer



AT THE HOTEL

Cape Town has a wide, eclectic and very international restaurant scene. From vegetarian to typical South African, from carnivore's paradise to fancy fine dining, from hip and trendy to quick and easy, this city caters for every taste, every moment and every budget. For your convenience, we have listed some of our concierge's favourites.



Lord Nelson Restaurant

Sophisticated dining in a historical elegant restaurant. Open Tue-Sat from 18h30 - 22h30

Oasis Bistro

Mediterranean-inspired cuisine, with an inviting terrace overlooking the beautiful gardens and pool. Open daily. Breakfast 06h30 - 11h00; Lunch: 12h30 - 15h00

Chef's Table

Step into the hotel's kitchen to watch in wonder as dishes are prepared right before your eyes— then uncover the inspiration behind each creation. Open daily. Lunch: 12h00 - 15h00; Dinner: 18h30 - late



Planet Bar

Chic, vibrant, with an extensive drinks, light meals and snacks menu. Fireside setting in winter, al fresco on the terrace in summer. Open daily from 12h00 till late

Tea at Mount Nelson

Indulgent delicacies in an elegant setting, including light meals, Morning, Afternoon and Evening Tea. Open daily.

Morning Tea from 09h30 - 12h00

Afternoon Tea first seating at 13h30

Afternoon Tea second seating at 15h30

Evening Tea: 18h00 - 20h30



ON OUR DOORSTEP

Around the corner from the hotel, some within walking distance, the dining spectrum has been broad and eclectic for decades. You may find anything here: from fine French dining to a grilled cut of South African prime beef to great sushi.

Kloof Street House

Richly furnished dining rooms in Victorian house with bar and leafy courtyard, eclectic global cuisine.

Mon 17h00 – 23h00, Tue-Fri 12h00 – 23h00,
Sat-Sun 12h00 - 23h00



Tigers Milk (Kloof Street and Camps Bay)

Epitomising handcrafted goodness with a menu that takes pizza, grills and burgers to the next level, pair these with our locally made Tiger's Milk Lager and you're sure to leave satisfied. Open from 10h00 till late

Nelson's Eye Restaurant

Long-established steakhouse with specialties such as ostrich and springbok in unfussy setting, situated just behind the hotel. Psst, the restaurant has a key to let guests back into the hotel.

Wed-Fri 12h00 – 14h30, Mon-Sun 18h30 – 22h00



95 Keerom

Contemporary pale-wood and glass restaurant serving a nouvelle interpretation of Milanese cuisine.

Mon-Sat 18h30 – 22h00

The Stack, Bar and Bistro

Authentic, good and true French cuisine in a beautiful old building with a bloom-scented terrace, situated just behind the hotel. Mon-Sat 11h30 - 22h00

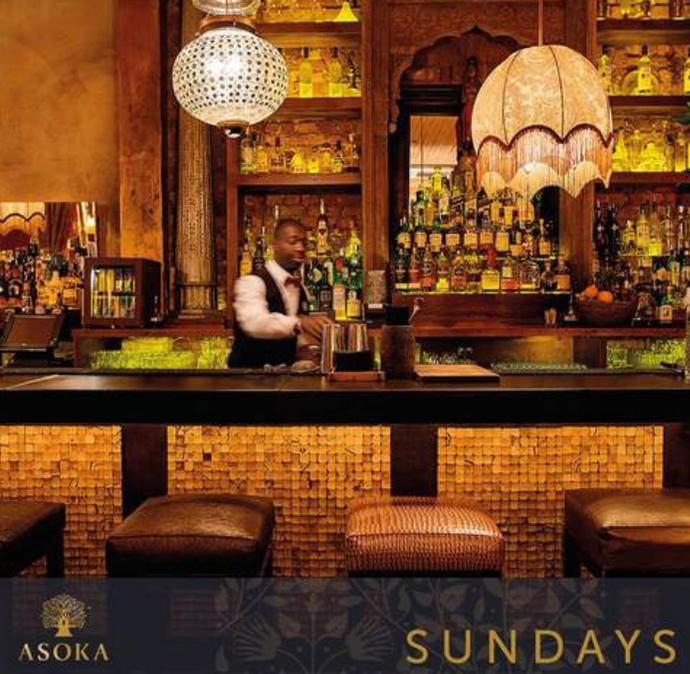
Janse and Co

Casual fine dining restaurant situated in Kloof Str.

The concept is a tasting menu for guests to choose from Tue dinner only 18h00 - 21h00;

Wed-Sat Lunch 12h00 - 14h00, dinner 18h00 - 21h00

KLOOF STREET



Just outside the hotel's gates, the bustling Kloof Street is complemented by friendly local cafes and eateries, making it a stroll to really savor. .

Carne

Plenty of meat options in an Italian restaurant with a stylish rustic ambiance.

Mon-Sun 12h00 - 15h00 and 18h00 and 22h00

Manna Epicure

A synthesis of French and South African cuisines, with an exciting Argentinian twist.

Mon-Sun 8h00 - 22h00

Millers Thumb

One of Cape Town's well-kept secrets, fresh fish-inspired fare. Tue-Fri 12h30 - 14h00,

Mon-Sat 18h30 - 22h30

Kyoto Gardens

Contemporary Japanese setting with cool, calm atmosphere for inventive sushi and more.

Mon-Sat 17h30 - 23h00

Asoka

The restaurant tantalizes patrons with nights of culinary and rhythmic indulgence with delicious food and cocktails.

Mon-Sun 6pm to late.

The Black Sheep Restaurant

A laid back eatery, popular among local Cape Town patrons, where you can indulge in good food in great company.

Mon open for dinner only from 18h00

Tue-Sun: Lunch and dinner





BREE STREET

Bree Street - Afrikaans for Broadway - is the centrally located street where everything is hip, happening and hot. New places open here in the blink of an eye and this is where you will find Cape Town's trendiest trends.

Villa 47

Modern Italian, celebrating Mediterranean and Asian cuisine.

Mon-Fri 06h30 - 22h30, Sat-09h00 - 22h30

BOCCA

Italian Inspired food in an informal and contemporary space.

Mon-Sat 12h00 - 22h00 (NO RESERVATIONS)

Chefs Warehouse and Canteen

Relaxed canteen style ambiance with tapas set menu, dishes change daily (NO RESERVATIONS)

Mon-Fri 09h00 - 20h00, Sat - 09h00 - 14h30

SeaBreeze Fish & Shell

Fresh local seafood, menu changes daily

Mon-Sat 12h00-21h30



Mink and Trout

A modern and trendy wine bar and bistro.

Mon-Sat 12h00 - 15h30 and 18h30 - 22h00

Folk Café:

This spot on the corner of Bree and Mechau Street is bright, breezy and filled with books to page through.

Pick up a coffee, salad or wrap, and find a spot in a sunbeam. Open for Breakfast and Lunch Mon-Sat.





BREE STREET

La Parada

Spanish inspired tapas and delicious cocktails
Mon-Sat 12h00 - late (kitchen closes at 10pm)
Sun 12h00 - 17h00

True Italic

True Italic offers a taste of Italy in a old building that evocates forgotten memories
Tue - Sat: 18h00 - 22h00
Sunday and Monday : Closed

La Tête

Farm to fork eatery with a nose-to-tail food philosophy
Lunch - Tue to Fri 12h00 - 14h30
Dinner - Tue to Sat 18h00 - 22h00

Jason Bakery

This popular artisan bakery serves excellent breakfasts and lunches with freshly bakes goodness - be sure to try their weekly doughssant - the lovechild of the croissant and doughnut, inspired by the New York 'Cronut'.
Mon-Fri 07h00 - 15h30 | Sat- 8h00 - 14h00

First Thursdays:

On the first Thursday of every month, explore the art galleries and cultural attraction of Cape Town's central city until late. Art galleries and cultural events around Cape Town's central city stay open until 9pm or later on the first Thursday of every month, allowing anyone to explore the city on foot and experience the cultural wealth this city has to offer. There is no tour, schedule, or guided walk; that is up to you.

Ask the hotel Concierge for more information or visit <https://first-thursdays.co.za/cape-town/>



CAPE TOWN GEMS

Meander past Kloof and Bree streets and find a few local gems that surprise in local influence and suburb menus and service.

Truth Coffee Roasting

Artisanal roastery, world-class café, steampunk inspired
Open daily from 7am till late when Truth After Dark takes over with late-night dessert fine dining.

Swan Café

Bonjour! Welcome to Cape Town's first authentic Parisian Crêperie. Transported straight from a Paris sidewalk with an air of bonhomie, a look of South Bank chic, waiters in Breton stripes & the pièce de résistance: amazing crêpes & savoury galettes.

The Kitchen (in Woodstock)

Famous for its array of Salads, Love Sandwiches and perfect treats, The Kitchen draws a loyal community of locals and visitors from all over the world.
Open Mon-Fri for breakfast and lunch

Aubergine

Contemporary East-meets-West menu in a simple but sophisticated setting with courtyard dining.
Wed-Fri 12h00 -14h00, Mon-Sat 18h00 - 22h00

Bao Down

An Asian-Fusion Restaurant in Oranjezicht, an eclectic exploration of taste
Open for dinner Tue-Sat from 18h00.- 23h00

FYN Restaurant

Named FYN – in reference to fynbos and Afrikaans for the word fine, serving a fine dining menu inspired by Japanese and home grown influence.
Open Tue-Sat lunch and dinner.





CAMPS BAY

Lovers of great sunsets, soft sandy beaches and spectacular views will all be happy to dine along Cape Town's most prestigious coastline, which is about a fifteen-minute drive from the hotel.

The Codfather

Relaxed contemporary restaurant with terrace for seafood and sushi and views of ocean and mountain.

Mon-Sun 12h00 - 22h00

Zenzero

This Italian restaurant welcomes you straight off the beach, or captures your attention as you lazily stroll the sidewalk.

Mon-Sun 11h00 - 23h00

Paranga

Modern bar and restaurant with a beachview terrace serving sushi alongside international dishes.

Mon-Sun 11h00-23h00

The Bungalow

Stylish restaurant with an ocean-view terrace focused on global seafood dishes including sushi.

Mon-Sun 12h00 - 01h00

Cafe Caprice

For artisan cocktails and light meals on the famous Camps Bay strip

Open daily from 09:00 - 22:00

Bilboa Restaurant

Breezing onto the Camps Bay strip, diners are offered a contemporary beachfront restaurant with a Mediterranean seafood-inspired menu.





V&A WATERFRONT AND SURROUNDS

Looking over Table Bay and wrapped around a working harbour, the V&A Waterfront offers a variety of dining options.

Belthazar Restaurant and Wine Bar

Award winning beef and seafood experience, with the largest 'wine by the glass bar' in the world, with over 600 wines in stock.

Mon-Sun 12h00 - 23h30

Baia

Baia specializes in the finest seafood from around southern Africa, the finest poultry, beef and venison and a renowned wine-list

Mon-Sun 12h00 - 22h00

Balduccis

Balducci's at the V & A Waterfront offers an unrivaled menu of simple, everyday home cooked Italian dishes that reflect the most traditional elements of food.

Mon-Sun 08h00 - 23h00



Mondiall

Modern Brasserie, tapas, cocktails

Mon-Sun 10h00 - 22h00

Harbour House

Mediterranean and seafood

Mon-Sun 12h00 - 22h00

Bukhara

Authentic Indian cuisine

Mon - Sun 12h00 - 14h30 and 18h00 - 10h30

Shimmy Beach Club

Beach front venue with a Mediterranean menu.

Lunch: Monday to Sunday 11h00 - 17:00

Dinner: Monday to Sunday 17h00 to 23h00





V&A WATERFRONT AND SURROUNDS

Looking over Table Bay and wrapped around a working harbour, the V&A Waterfront offers a variety of dining options.

The Butcher Shop and Grill in Mouille Point

A landmark upmarket family friendly steakhouse in Cape Town.

Open daily for lunch and dinner.



Duchess of Wisbeach

Hip cross between a New York speakeasy and a Parisian cafe, with music and a Mediterranean menu.

Open Mon-Sat from 18h30 - 20h30

La Mouette Restaurant

A seasonally inspired, modern, award winning fine dining restaurant.

Open for dinner from 18h00, closed on Mondays

Upper Bloem Restaurant

The restaurant refers to the uniqueness of Cape Town and draws inspiration from the port city's mix of cultures. We offer tapas-style and seasonally inspired dishes.

Tue-Sat lunch and dinner.



La Perla Restaurant

Established in 1959, La Perla remains one of Cape Town's institutions - a favourite for mediterranean cuisine & sea food enjoyed on the sea front.

Open daily for lunch and dinner.

Pigalle Restaurant

Pigalle is the place for a special occasion, serving lunch and dinner Monday to Saturday with live Jazz music in the evenings. Renowned for fresh seafood and tender steaks, the menu features classic dishes with a Portuguese twist, as well as a wide selection of Champagne and local bubbly.



FAMILY FRIENDLY

The restaurants below are in very close proximity to the hotel, and are your restaurants of choice for easy-going meals with (or without) children: happy family places where everybody is welcome.

Cafe Paradiso

Italian country style in a beautiful garden setting. Enjoy time with friends and family and tuck into wholesome fare made only from the freshest ingredients. Mon-Sat 09h00 - 22h00, Sun 10h00 - 15h00

Company's Garden Restaurant

In the heart of the Mother City, within the richly historical Company's Garden, lies a restaurant built for children, families and visitors alike. Inspired by nature and by tales rooted in the past, this gentle space offers a point of peace within a buzzing urban metropolis. Mon-Sun 07h30 - 17h00

Nonna Lina

Welcoming and comforting Italian inspired restaurant with a homely ambiance spoiling guests with easy and simple Italian and Sardinian food. Mon-17h00 - 22h15, Tue-Sat 12h15-22h30

The Lawns at the Roundhouse

The Lawns set on the historic Roundhouse property. Serving breakfast, lunch, sundowners & pre ordered picnics on the lawn or deck areas. Tue-Thurs: 11h30 - 22h00 ; Fri-Sun - 08h30 - 22h00





FAMILY FRIENDLY

The restaurants below are in very close proximity to the hotel, and are your restaurants of choice for easy-going meals with (or without) children: happy family places where everybody is welcome.

The Skotnes Restaurant

The culinary arm of the Norval Foundation. Named after legendary South African artist and teacher Cecil Skotnes, the restaurant is naturally at home in the world of art. Families can also enjoy a picnic in the sculpture garden.

Open for breakfast, lunch and dinner Mon-Sat, closed for dinner on Sundays.

Oasis Bistro

Mediterranean-inspired cuisine, with an inviting terrace overlooking the beautiful gardens and pool. Open daily.

Breakfast: 06h30 - 11h00; Lunch: 12h30 - 15h00 Enjoy access to our supervised kids club, open daily.



Da Vinci's on Kloof

Situated on trendy Kloof Street, in the heart of Cape Town's culinary hub, Da Vincis is the perfect spot to unwind and enjoy delicious food in a relaxed and friendly environment.

Green Point Urban Park

A place to walk, play and relax near the Cape Town Stadium. A popular picnic and kids play area, there are two defined play areas – one for toddlers and one for older children. The outdoor training gym is also popular, and the park is surrounded by a biodiversity garden with more than 300 Cape plant species, as well as a watermill and a lake with ducks and sea gulls. Environmental installations offer an educational treat. Enjoy a light meal at the Tea in the Park cafe.





BARS

Here are a few of our favourite bars and in Cape Town and surrounds

Planet Bar

Chic, vibrant, with an extensive drinks, light meals and snacks menu. Fireside setting in winter, al fresco on the terrace in summer.

Orphanage Cocktail Emporium (Bree Street)

Enjoy marvellous mixtures, music & company, with strong roots in local community support.

The Gin Bar (Bree Street)

One of the country's only true speak-easy bars, accessed through a Chocolate Café, and nestled within a Mediterranean-style secret courtyard.

The Botanical Bar (Bree Street)

Escape to the South African wilderness in the middle of the city. Indigenous botanicals, bitters, shrubs, cocktails & food (sister bar to the Gin Bar).



Chinchilla Rooftop Bar (Camps Bay)

Exclusive rooftop cafe & bar in Camps Bay

The Art of Duplicity

A new speakeasy-inspired jazz and cocktail bar dubbed The Art of Duplicity has quietly opened its doors in the heart of Cape Town's CBD in a top-secret location

The Athletic Club & Social

Cosy corners to eat, drink and relax in, this three storey bar and restaurant perfectly pairs a casual ambiance with indulgent design.

Dark Horse Bar

From the owners of the popular Black Sheep across the way, the aptly named watering hole serves a selection of tasty tipples and delectable tapas-inspired dishes.

Cause Effect Cocktail Kitchen

Cause Effect is an Experiential Cocktail Kitchen & Brandy Bar inspired by Cape Town's fynbos, oceans, vineyards and mountain.





AFRICAN

Enjoy a great selection of African restaurants with traditional African to Cape Malay inspired restaurants, full of flavour and character.

GOLD Restaurant

Come to GOLD Restaurant in Cape Town for an unforgettable, authentically African dining experience. Be swept up in the excitement with tall Mali Puppets, live tribal dancing and singing to the rhythmic beating of djembe drums. Enjoy a 14-dish tasting feast inspired by cultural deliciousness from the African continent.



Addis in Cape

Authentic Ethiopian restaurant and traditions. Open for lunch and dinner Mon-Sat.

The Africa Cafe

A communal feast of dishes from all of Africa.

Bo-Kaap Kombuis

A Traditional Cape Malay Restaurant specializing in traditional Cape Malay cuisine. Open Tue-Sun for lunch and dinner

Marcos African Place

Join them for a taste of African culture, indigenous African and Cape cuisine as well as live local music. Open daily for lunch and dinner



Moyo Kirstenbosch

Acclaimed as one of the great botanical gardens of the world, this breath-taking backdrop of nature is the location of African restaurant. Beautiful vistas, Afro entertainment and cuisine composed of the best of African produce. Open for Lunch daily.



VEGAN

Time to get toasty with our selection of restaurants with fireplaces to keep warm at this winter.

Anatoli

Traditional Turkish food and setting, with live music and dancing on selected evenings, this is also vegan friendly

Plant

Plant offers delicious vegan food, helping you make more compassionate choices without sacrificing taste
Mon-Saturday 09h00-22h00

Scheckters RAW

Scheckter's Raw is a raw, organic vegan and vegetarian Cafe Style restaurant, taking healthy and healing food to the next level.

Mon-Sun 08h00-16h00

Aubergine Restaurant

Contemporary East-meets-West menu in a simple but sophisticated setting with courtyard dining.

Wed-Fri 12h00-14h00, Mon-Sat 18h00-22h00

Lord Nelson Restaurant (at the Mount Nelson Hotel)

Sophisticated dining in a historic restaurant. Vegan menu to be requested at time of booking.

Open Tue-Sat from 18h30-22h30

Chef's Table

An intimate and slightly edgy culinary encounter - chefs in their element, no pretensions. Open daily.

12-24 hour advance bookings required and Vegan menu to be requested at time of booking.

Lunch: 12h00-15h00; Dinner: 18h30-late





LGBT FRIENDLY

In the vibey Waterkant area, a ten minutes' drive from the hotel, you will find Cape Town's gay strip. Our city has long embraced the LGBT community and within a stone's throw from each other, you will find a range of different hangouts.

Amsterdam Action Bar

A popular neighbourhood bar.

Mon - Sun 17h00 - 04h00

Beulah Bar

Upmarket but boho-chic, homey and relaxed, Beulah is best known as a women's bar but has something for the entire gay community.

Fri-Sat 21h00 - 04H00

Beefcakes

Burger restaurant that mixes '50s Americana with camp humour, featuring outrageous comedy and drag.

Mon- Sat 19h00 -22h00

Cafe Manhattan

Casual restaurant and bar serving burgers and steaks with a shaded terrace, popular with a gay crowd.

Mon - Sun 10h00 - late

Crew Bar

Crew Bar combines stylish decor, gorgeous bartenders and the best in music.

Mon-Sun 18h00 - late

Navigaytion Nightclub

Navigaytion Nightclub is an underground party collective of like minded owner, djs, friends and clubbers, passionately brought together through the love of quality dance music.

Friday and Saturday, 22h00 - 06h00

