



LOUNGE TEA  
MENU

## AFTERNOON TEA

served daily from 12h00 and 15h00

Savoury and sweet selections and delicate finger sandwiches are brought to your table on a tiered stand, as well as freshly baked scones and preserves.

A selection of loose leaf teas, filter coffee and hot chocolate is included. Our premium teas are also available but priced individually.

**395 per adult | 215 per child (4-11)**

(a surcharge may apply for special event days).

\*for every tea sold, we donate R10 to a local soup kitchen.

---

## MENU

The Afternoon Tea menu is a sample menu and is subject to change with our Pastry Chef's recommendations.

### Savoury selection:

Sandwiches: Pasture reared egg mayonnaise, cucumber and cream cheese, smoked Franschoek Trout and curried chicken with coriander

Cheese gougeres

Spinach and feta quiche

Beef frikkadel

Cauliflower and onion pakora

Mushroom empanadas

### Basket:

Scones, koesisters and fruit loaf with strawberry jam or orange marmalade, cheese, clotted or chantilly cream

### Sweet selection:

Mini milk tart

Cheesecake with white chocolate

Classic opera cake

Vanilla chocolate eclairs

Carrot cake with cream cheese frosting

Berry tartlet





---

## PLANT BASED MENU

The Afternoon Tea menu is a sample menu and is subject to change with our Pastry Chef's recommendations.

### **Savoury selection:**

Sandwiches: Tofu mayonnaise, curried chickpea mayonnaise,  
smoked carrot lox with a cashew cream and cucumber

Vegetable rice paper wrap

Seeded profiterole filled with hummus

Falafel with carrot relish

Cabbage and cauliflower pakora

Puri filled with savoury vegetable mix

### **Basket:**

Scones, fruit loaf, spiced coconut doughnut  
whipped vegan cream, strawberry jam or marmalade and vegan cheese

### **Sweet selection:**

Berry Crumble

Citrus "Cheesecake" (chickpea and cashew)

Chocolate and coffee brownie

Carrot cake with vanilla frosting

Vanilla Eclair

Pecan nut tart

---

## LOOSE LEAF TEA MENU

---

### WHITE TEA FROM CHINA

#### **BAI MU DAN (WHITE PEONY FLOWER)**

A delicate orange-coloured infusion, with a mild flavour – this tea from China's Fujian province is made from tea buds, collected and air-dried prior to opening.

#### **WHITE MONKEY**

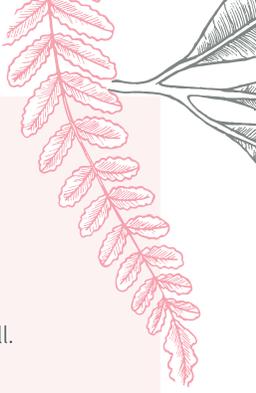
Another great white tea produced in China's Fujian province (White Tea's origin).  
Delicate honey and nutty fragrance characterise this fascinating tea.

---

### SHOWFLOWER TEA

#### **FLOWERGATE TEA**

A beautiful archway of lily and jasmine flowers unfurls from this tea ball made of top quality green tea buds.



## GREEN TEA SELECTION

### **GUNPOWDER TEMPLE OF HEAVEN – CHINA**

Gunpowder tea is dried slowly in rotating drums to a very tightly rolled ball. It has a slightly dry and fresh flavour.

### **SENCHA FUKUJYU – JAPAN**

Sencha grows on the slopes of Mount Fuji in Japan. Tea leaves are lightly steamed and dried to preserve the freshness, it has a distinctively strong green tea aroma.

### **BANCHA HOJICHA – JAPAN**

A classic Japanese tea which is lower in caffeine. It is made by roasting it at high temperature until reddish brown. The flavour is aromatic with roasted, nutty notes.

### **GENMAICHA – JAPAN**

Genmaicha means natural rice tea. Japanese Sencha green tea is blended with roasted and popped rice, which gives it a pleasant, nutty flavour.

### **ORANGE AND BERRIES – CHINA**

A cleansing and sweetly uplifting fruit-flavoured Sencha tea.

### **GYOKURU – JAPAN**

This is a top-class Japanese Sencha tea which is also known as Dew of a Pearl or Most Exquisite Dew Drop. The tea plants grow in the shadow of broad leaved trees.

### **BI LUO CHUN – TAIWAN**

Translated “green spiral leaves of spring”. When infused the tea boasts a delicate recognisable aroma of Taiwanese finest tea.

### **YUNNAN GREEN – CHINA**

A tea that has a beautifully earthy sweetness and a clean lightness with notes of spiciness.

---

## OOLONG TEA FROM TAIWAN

### **ALI HIGH MOUNTAIN OOLONG**

Ali Mountain is famous for superior High Mountain tea cultivation in Taiwan. Its aromas and flavours gradually unlock, making it ideal for multiple infusions.

---

## FLAVOURED BLACK TEAS

### **VANILLA**

A rich, velvety black tea flavoured with vanilla pieces – the perfect accompaniment to chocolate.

### **EARL GREY BLUE FLOWER**

A classic tea flavoured with uplifting Bergamot oil, embellished with striking blue cornflowers.

### **ORIENTAL SPICE**

A classic flavoured black tea with a touch of oriental spice.

### **LAPSANG SOUZHONG - CHINA**

A classic scented Chinese black tea. Larger Souchong leaves are plucked, and after fermentation, they are roasted on a hot iron plate.





## RED TEAS

### PU-ERH ROYAL 2009

This tea is grown in the Chinese province of Yunnan. The young leaves and buds from old trees are hand harvested and carefully selected in the early months of the year between February and March, to capture the most tender part of Pu-erh. In the history of Pu-erh, all Royal Pu-erh were used for the offering of Chinese imperials for hundreds of years.

---

## HERBAL INFUSIONS

### PURE CHAMOMILE FLOWER

A mild infusion, known for its sleep-inducing properties and sunshine yellow colour.

### APPLE CINNAMON LAPACHO

The inner bark of the Tecoma-Lapacho tree produces an infusion reminiscent of caramel or vanilla but with less tannic acid and no caffeine. The flavour of the lapacho is enhanced with apple and cinnamon in this infusion.

### HIBISCUS FLOWER

Made popular in Egypt and North Africa, this infusion can be enjoyed hot or cold, with or without sugar. It has a tart, fruity tang and a striking crimson colour.

### PEPPERMINT LEAVES

Pure peppermint leaves, imbuing excellent refreshing and aromatic properties.

### GREEN MATE

The national drink of Argentina. It is a species of the holly family. Mate's stimulating effect lasts longer than that of coffee.

### NINE LIFE SPICES BLEND

Cinnamon, ginger, cardamom, cloves, aniseed, rosemary and thyme, all in harmony

---

## FRUIT INFUSIONS

### LEMON

A soothing blend of apple, rosehip, lemon, lemongrass and lemon flavour.

### FOREST BERRIES

An intensely fruity pink infusion of elderberries, raspberries, blackberries and strawberries.

### MARULA PEACH

Fruit infusion with hibiscus, apple, peach, rosehip and marula



# SCENTED OOLONG TEA FROM CHINA

## JASMINE BAI HAO

A prestigious tea originally reserved for the Imperial Court, first blended with Jasmine blossoms, imbuing the tea with a beautiful scent.

## JASMINE DRAGON PHOENIX PEARLS

A limited production top quality jasmine tea from Fujian Province China. This famous tea is made from tender and healthy green tea shoots, hand rolled in spring. Long leaf tips are scented with freshly cut jasmine blossoms and are then rolled into small pearls, locking in the flavour and aroma.

---

## BLACK TEAS

### MOUNT NELSON HOTEL BLEND

A contemporary classic – our exclusive blend of six International teas from Africa and Asia, flavoured with buds and petals of our signature Mount Nelson pink roses.

### ENGLISH BREAKFAST – UNITED KINGDOM

A full-bodied, aromatic tea with sweet, fruity notes, a wonderful tea to start the day.

### RUSSIAN BLEND – GLOBAL

This tea is based on a classic Russian blend, it is highly aromatic and earthy with influences from India and China.

### CEYLON PETTIAGALLA – SRI LANKA

This fine Ceylon comes from the Dimbula area in the Balangoda District. It has a dark red colour, is highly aromatic with a mild taste.

### ASSAM BUKHIAL – INDIA

Assam full leaf second flush tea with a typical strong and earthy flavour.

### DARJEELING SECOND FLUSH BLEND – INDIA

This single origin Indian tea is highly aromatic, with a lingering flavour.

### KENYA MARINYN – KENYA

Neatly twisted, gold tipped leaves steep to a robust, medium bodied tea with a slightly fruity, floral taste.

### MALAWI OP1 - AFRICA

Malawian Black Tea Bred and developed in tea Estates in Thyolo, Malawi from gardens between 1,000 and 1,200m above sea level. Fruity and sweet notes.

### YUNNAN BLACK GOLD – CHINA

A tea from the oldest tea making province in the world (the birth place of tea). Produced from old tea trees between 300 and 400 years. Creates a sweet, vintage of earthy maltiness with a touch of smokiness and pepper.



## TEAS FROM SOUTH AFRICA

### PURE WILD ROOIBOS

Ultra-high grade pure Highland rooibos grown in the wild on the high altitude Cedarberg Mountains. The red gold of South Africa with hints of honey and orange notes.

### STRAWBERRY AND VANILLA

Pure rooibos flavoured with sweet strawberry and vanilla – children's favourite.

### ORANGE AND SPICE

Rooibos flavoured with spicy cinnamon, warming cardamom, comforting cloves, vanilla and orange.

### HONEY BUSH

An indigenous plant from the Western and Eastern Cape. It has a woody floral feel of fynbos, fruitiness of lemon and oranges and nutty sweetness of honey and caramel.

### BUCHU

Buchu was used by the Khoi San (first indigenous people of Southern Africa). Mild minty blackcurrant flavour, healthy for both body and mind.

### COCOA ROOIBOS

Rooibos blended with roasted cocoa husks. An ultimate resonance of Ethiopia and South Africa on a high creamy note.

### LAVENDER MORINGA

An energizing, vibrant, creamy, grassy Tizane.

## COFFEE SELECTION

Espresso	45
Double espresso	50
Americano	45
Decaffeinated single espresso or americano	45
Filter coffee pot	75
Cappuccino	50
Latté	55
Hot chocolate	60

