



LOUNGE TEA MENU



BELMOND

MOUNT NELSON HOTEL

CAPE TOWN



Welcome to Belmond Tea Journeys. The art of taking tea has been synonymous with Belmond Mount Nelson Hotel for decades.

Our Tea Sommelier has carefully selected the best loose leaf teas available from around the globe and have created the most unique blends on offer in South Africa.

Together with our team of Pastry Chef's, an array of sweet and savoury treats will complement each tea selection and why not enjoy this all with a glass of South Africa's finest MCC to finish.

Very unique and a Belmond first, we also offer a Tea Appreciation Class where you can learn first-hand with our Tea Sommelier the deeper pleasure of blending tea and specific food pairings to enhance each unique flavour.

Please inquire with your Tea Sommelier on the specific programs available and how you can book for a memorable tea journey like no other.

MORNING TEA

served daily from 09h30 to 11h30

Enjoy sweet confections and savoury selections served at your table.
A selection of loose leaf teas, filter coffee and hot chocolate is included.
Our premium teas are also available but priced individually.

285 per adult | 205 per child (4-11)

AFTERNOON TEA

served daily from 13h00 to 15h00, 15h30 - 17h30

Savoury selections and delicate finger sandwiches are brought to your table on a tiered stand, as well as freshly baked scones and preserves.

The Lounge Buffet is laden with sweet confections such as delectable cakes as well as our favourite local treats like “melktert” (milk tart) and “koeksisters”.

A selection of loose leaf teas, filter coffee and hot chocolate is included.
Our Premium teas are also available but priced individually.

365 per adult | 205 per child (4-11)
(a surcharge may apply for special event days).

EVENING TEA

served daily from 18h00 - 19h30

Savoury selections and delicate finger sandwiches are brought to your table on a tiered stand, as well as freshly baked scones and preserves. Included is a selection of local and international cheeses served with homemade breads.

A choice of loose leaf teas, filter coffee and hot chocolate is included.
Our Premium teas are also available but priced individually.

365 per adult | 205 per child (4-11)

CHAMPAGNE & MCC AFTERNOON TEA

served daily from 13h00 to 19h30

Enjoy a glass of South African Méthode Cap Classique with your tea.

Boschendal, Brut N/v
Boschendal, Brut Rosé N/v

115 glass
115 glass

485 bottle
485 bottle

OUR FRENCH SELECTION

A glass of Jacquart Brut Rosé and Afternoon Tea.
535 per person

A glass of ‘R’ de Ruinart Brut and Afternoon Tea.
575 per person

A glass of Veuve Clicquot ‘Yellow Label’ and Afternoon Tea.
595 per person





WHITE TEA FROM CHINA

BAI MU DAN (WHITE PEONY FLOWER)

A delicate orange-coloured infusion, with a mild flavour – this tea from China's Fujian province is made from tea buds, collected and air-dried prior to opening.

WHITE MONKEY

Another great white tea produced in China's Fujian province (White Tea's origin). Delicacy honey and nutty characterise this fascinating Tea.

SHOWFLOWER TEA

FLOWERGATE TEA

A beautiful archway of lily and jasmine flowers unfurls from this tea ball made of top quality green tea buds.

GREEN TEA SELECTION

GUNPOWDER TEMPLE OF HEAVEN – CHINA

Gunpowder tea is dried slowly in rotating drums to a very tightly-rolled ball. It has a slightly dry and fresh flavour. The name was given to this type of tea some 150 years ago by sailors on the tea ships when the teas were shipped from the East to the West. Well noticeable rich nutty and oaky aroma green tea.

SENCHA FUKUJYU – JAPAN

Sencha grows on the slopes of Mount Fuji in Japan. Tea leaves are lightly steamed and dried to preserve the freshness, it has a distinctively strong Green Tea aroma.

BANCHA HOJICHA – JAPAN

A classic Japanese tea which is lower in caffeine. It is made by roasting at high temperature until reddish brown. The flavour is aromatic with roasted, nutty notes.

GENMAICHA – JAPAN

Genmaicha means natural rice tea. Japanese Sencha green tea is blended with roasted and popped rice, which gives it a pleasant, nutty flavour. The Japanese prefer to drink this tea in the afternoon it has low caffeine and a mild flavour.

ORANGE AND BERRIES – CHINA

A cleansing and sweetly uplifting fruit-flavoured Sencha tea.

GYOKURU – JAPAN

This is a top-class Japanese Sencha tea which is also known as Dew of a Pearl or Most Exquisite Dew Drop. The tea plants grow in the shadow of broad leaved trees. The plants are shaded with bamboo mats for two weeks before plucking to boost the chlorophyll content and green character of the tea.

BI LUO CHUN – TAIWAN

Translated “green spiral leaves of spring” When infused the tea boast a delicate recognisable aroma of Taiwanese finest tea. Has notes of apricot and peach as well as lingering mellow sweetness.

YUNNAN GREEN – CHINA

A tea that has a beautifully earthy sweetness and a clean lightness with notes of spiciness.



OO LONG TEA FROM TAIWAN

ALI HIGH MOUNTAIN OO LONG

Ali Mountain is famous for superior High Mountain tea cultivation in Taiwan. Its aromas and flavours gradually unlock, making it ideal for multiple infusions.

SCENTED OO LONG TEA FROM CHINA

JASMINE BAI HAO

A prestigious tea originally reserved for the imperial Court, first blended with Jasmine blossoms, imbuing the tea with a beautiful scent.

JASMINE DRAGON PHOENIX PEARLS

A limited Production top quality jasmine tea from Fujian Province China. This famous tea is made from tender and healthy green tea shoots hand rolled in spring. Long leaf tips are scented with freshly cut jasmine blossoms and are then rolled into small pearls locking in the flavour and aroma.

The pearls seem to dance as they unfold and unlock their flavour in the pot, making a deliciously subtle fragrant and pleasantly sweet tea.

BLACK TEAS

BELMOND MOUNT NELSON HOTEL BLEND

A contemporary classic – our exclusive blend of six International teas from Africa and Asia, flavoured with buds and petals of our signature Mount Nelson pink roses.

ENGLISH BREAKFAST – UNITED KINGDOM

A full-bodied, aromatic tea with sweet, fruity notes, wonderful tea to start the day. This blend of English breakfast is a combination of teas that originated in Kenya, Sri Lanka and Assam.

RUSSIAN BLEND – GLOBAL

This tea is based on a classic Russian blend, it is highly aromatic and earthy with influences from India and China.

CEYLON PETTIAGALLA – SRI LANKA

This fine Ceylon comes from the Dimbula area in the Balangoda District. It has a dark red colour, is highly aromatic with a mild taste.

ASSAM BUKHIAL – INDIA


Assam full leaf 2nd flush tea with typical strong and earthy flavour.

DARJEELING 2ND FLUSH BLEND – INDIA

This single origin Indian tea is highly aromatic, with a lingering flavour. A beautiful connection to the Heaven of Tea.

KENYA MARINYN – KENYA

Neatly twisted, gold tipped leaves steep to a robust, medium bodied tea with a slightly fruity, floral taste.



LAPSANG SOUZHONG – CHINA

A classic scented Chinese black tea. Larger Souchong leaves are plucked, and after fermentation, they are roasted on a hot iron plate. The tea is then moderately smoked on bamboo racks.

KEEMUN LUXUS CONGOU – CHINA

Keemun is produced in Anhui province, near Shanghai. This is a sub-tropical region and the teas are grown at altitudes of 1000m. These teas have been famous for centuries. The Keemun infusion is a brilliant red with a mild, sweet taste and a subtle scent of orchard with a touch of smokiness and cocoa flavour. It is also part of the original English breakfast blend.

YUNNAN BLACK GOLD – CHINA

A tea from the oldest tea making province in the world (the birth place of tea). Produced from old tea trees between 300 and 400 years. Creates a sweet, vintage earthy maltiness with a touch of smokiness and pepper.

FLAVOURED BLACK TEAS

VANILLA

A rich, velvety black tea flavoured with vanilla pieces – the perfect accompaniment to chocolate.

EARL GREY BLUE FLOWER

A classic tea flavoured with uplifting Bergamot oil, embellished with striking blue cornflowers.

ORIENTAL SPICE

A classic flavoured black tea with a touch of oriental spice.

RED TEAS

PU-ERH ROYAL 2009

This tea is grown in the Chinese province of Yunnan. The young leaves and buds from old trees are hand harvested and carefully selected in early months of the year between February and March, to capture the most tender part of Pu-erh. In the history of Pu-erh, all Royal Pu-erh were used for the offering of Chinese imperial for hundreds of years. They were used for diplomatic gifting, they are sometimes referred as the Treasure Pu-erh or Tribute tea.





HERBAL INFUSIONS

PURE CHAMOMILE FLOWER

A mild infusion, known for its sleep-inducing properties and sunshine yellow colour.

HIBISCUS FLOWER

Made popular in Egypt and North Africa, this infusion can be enjoyed hot or cold, with or without sugar. It has a tart, fruity tang and a striking crimson colour.

PEPPERMINT LEAVES

Pure Peppermint leaves, imbuing excellent refreshing and aromatic properties.

GREEN MATE

The National drink of Argentina. It is a species of the holly family. Mate's stimulating effect last longer than that of coffee. Stimulating and healthy with a grassy earthy peppery mineral taste.

NINE LIFE SPICES BLEND

Nine different spices in harmony. Namely cinnamon, ginger, cardamom, cloves, aniseed, rosemary, thyme.

FRUIT INFUSIONS

LEMON

A soothing blend of apple, rosehip, lemon, lemongrass and lemon flavour.

FOREST BERRIES

An intensely fruity pink infusion of elderberries, raspberries, blackberries and strawberries.

TEAS FROM SOUTH AFRICA

PURE WILD ROOIBOS

Ultra-high grade pure Highland rooibos grown in the wild on the high altitude Cedarberg Mountains. The Red Gold of South Africa with hints of honey and orange notes.

STRAWBERRY AND VANILLA

Pure Rooibos flavoured with sweet strawberry and vanilla – children's favourite.

ORANGE AND SPICE

Rooibos flavoured with spicy cinnamon, warming cardamom, comforting cloves, vanilla and orange.

HONEY BUSH

An indigenous plant from the Western and Eastern Cape. It has a woody floral feel of fynbos, fruitiness of lemon and oranges and nutty sweetness of honey and caramel. Great for blending with rooibos which is also fynbos.

BUCHU

Buchu was used by the Khoi San (first indigenous people of Southern Africa). Mild Minty blackcurrant flavour, that for those who like it is pure addictive in taste, as well as being healthy for both body and mind.

COFFEE SELECTION

Espresso	38
Double espresso	42
Americano	38
Decaffeinated single espresso or americano	38
Filter coffee pot	70
Cappuccino	47
Latté	46
Hot chocolate	55

WINE SELECTION

We selected a choice of wines that will equally compliment your tea experience.

	GLASS	BOTTLE
Villiera, Tradition Brut Red fruit nose, ample fruity flavours, creamy mousse.	90	370
L'Ormarins, Brut Elegant and statuesque. Its long aftertaste finishes on a light lemon zest note.	95	465
Quando, Sauvignon Blanc, 2015 A fresh, tropical style - guava, melon, asparagus and gooseberry aromas and flavours, an accessible wine with good mouth feel and a lingering finish.	80	260
Boschendal, Chardonnay/Pinot Noir, 2015 The chardonnay contributes richness and the pinot noir adds fruit.	85	325
De Wetshof, Finesse, Chardonnay 2014 As the name suggests, elegant and lightly wooded with tangy lemon and apple.	95	360
Waterford Estate, rose Mary, Blanc de Noir 2016 Dry finish with raspberry tonese.	110	360
Rijk's, "Touch of Oak", Pinotage 2013 Dark red, fruity nose, with aromas of strawberry, plum and cherries, gentle presence of oak.	125	450
De Grendel Merlot, 2014 A full bodied wine filled with a combination of different berries on the nose. Mulberry, raspberry, and blackberry fruit accompanied by liquorice and mocha flavours.	150	650
Morgenhof, Cabernet Sauvignon, 2012 Aged 18 months in 40% new French oak barrels, black berries, cassis, spice and violets.	100	390



DID YOU KNOW?

The tea plant, *Thea Sinensis*, comes from Asia and is part of the camellia family, *Camellia Sinensis*. In its wild state, it is a tree that can grow quite tall. When constantly pruned, it remains a bush that produces pointed young buds.

It is these young buds that are the source of tea. The tea plant requires a warm, wet climate and well-drained soil. It grows well at altitudes up to 9,000 feet.

Like vintage wines, each tea crop reflects local characteristics - the nature of the soil, the climate, the amount of sun and rain, the time of plucking.

All teas come from the same plant but will deliver varied results fitting into one of five major categories: White, Green, Oolong, Black, and Pu-Erh Tea. Herbal select botanicals and/or fruit infusions are referred to as tisanes.

ORANGE PEKOE

Characterised by long leaves, rolled lengthwise, needle-like. The plucking takes place once the terminal bud has evolved into a leaf and rarely contains tips.

FINE ORANGE PEKOE

This is the finest Orange Pekoe available.

PEKOE

Shorter, less fine leaves with no tips.

PEKOE SOUCHONG

Somewhat coarser leaves.

CONGOU

Obtained from the fifth and largest leaf gathered from a shoot tip of a tea plant.

FINE ORANGE PEKOE

ORANGE PEKOE

PEKOE

PEKOE SOUCHONG

CONGOU

