

spa packages

Kalahari Energise Package - Refresh

An all over uplifting body experience that will leave you relaxed and revived.

60 min massage		
60 min exfoliation and wrap		
60 min rejuvenating facial	180 min	R2 535

Kalahari Bespoke Body Package - Soothe

A customised body package tailored to your specific needs.

30 min body exfoliation		
30 min body wrap		
60 min massage	120 min	R2 305

Kalahari Jet Lag Treatment - Enhance

Reduces symptoms of jet lag and stimulates circulation with body exfoliation.

40 min body wrap		
40 min massage		
40 min facial	120 min	RI 755

Africology Botanical well-being Body and Face Ritual

An experience to harmonise the body's own energy field.

30 min body exfoliation		
30 min body wrap		
60 min facial	120 min	RI 635

Africology Skin Adoration Wrap

A soothing journey to relax and ease tight muscles

30 min body exfoliation		
30 min body wrap		
60 min full body massage	120 min	RI 635

Waxing

Waxing is a temporary method of hair removal, which removes hair from the root.

Hollywood (incl full frontal & g-string area)	R 330
Brazilian (full frontal)	R 305
Under-arm	R 165
Standard bikini (sides only)	R 195
Full leg	R 345
¾ leg wax	R 255
½ leg (top or bottom)	R 210
Full arm	R 190
Half arm	R 120
Back wax	R 375
Chest	R 170
Brow	R 155
Chin	R 120
Lip	R 120
Ear	R 145
Nose	R 145

Please consider our other guests: The spa is a haven of tranquillity. For the consideration of others, we request that guests keep noise to a minimum.

Spa treatment hours: The spa is open daily from 09h00 to 19h00. Subject to change.

Reservations: Advanced booking prior to your arrival is strongly recommended to secure your preferred date and time of treatment.

Cancellation policy: Spa appointments cancelled less than twenty-four hours prior to your scheduled appointment will result in a 50% cancellation charge. A no show will result in a full charge.

Arrival: We recommend that you arrive 15 minutes prior to your scheduled treatment to allow adequate time to change and avoid reduced treatment times. Please bear in mind that all spa treatments need to end on time

Payment: We accept cash and all major credit cards. Payment may also be charged to the room. All prices are quoted in South African Rand (ZAR) and are subject to change without prior notice.

Attire: For your comfort, complimentary bathrobes, slippers and disposable undergarments are provided. Bring your bathing costume along to enjoy our water facilities.

Spa amenities: For your convenience, we supply complimentary shampoo and spa body products.

For your comfort: Our spa is a non-smoking facility and the consumption of alcohol is prohibited. It is advisable to avoid the consumption of alcohol and heavy foods prior to, or directly after a spa treatment. Please refrain from using your cellphone whilst at these premises.

gift cards a Librisa Spa treatment makes
the perfect gift for any occasion.
Purchase online or at the hotel reception.

For a reservation please call via hotel extension 1553

Belmond Mount Nelson Hotel
76 Orange Street, Cape Town, 8001, South Africa
T: +27 (0)21 483 1550 E: librisa.mnh@belmond.com
www.librisa.co.za

librisa facials

Our facials are designed to bring your skin optimal health. Your customized facial will include steam, exfoliation, extraction, mask and massage.

Kalahari Moistures Boost Facial

A super moisturising treatment for skin dehydrated by environment.

90 min RI 085

Kalahari Anti-Ageing Facial

An intensive facial where a multitude of ingredients are delivered to dull, tired and lack-luster skin to bring about vitalised, energised and healthy skin.

90 min RI 085

Kalahari Instant Radiance Facial

A facial that leaves the skin with a luminous glow. Ideal skin in need of an instant boost.

90 min RI 030

Kalahari Delicate Facial

A delicate facial compiled to calm redness associated with irritated and sensitive skin.

90 min RI 030

Kalahari Bespoke Facial

A customised facial that provides a deep cleanse according to the skin needs.

60 min R 845

Africology Facials

African Goddess Facial

An anti-ageing renewal treatment to restore elasticity, combat ageing and promote healthy glow. Includes invigorating back exfoliation and moisturise.

90 min RI 275

Africology Bespoke Facial

A customised holistic approach facial aiding in skin wellbeing.

75min RI 005

librisa massage therapy

Our massages incorporates the “push-pull” technique. This aims to bring wholeness and balance to the body.

Librisa Kgapa Signature Massage

A unique massage, exclusive to Librisa Spa that will restore the body, mind and soul.

Full Body	90 min	R1 205
Back of Body	60 min	R1 005
Back & Neck	40 min	R 820

Kalahari Rolling Sands Massage

Experience complete relaxation with botanical oils that enhance the skin and relieve muscle tension.

Full Body	90 min	R1 205
Back of Body	60 min	R1 005
Back & Neck	40 min	R 820

Hot-stone Massage

This is the sensation of the warm stones delicately massaging away everyday stress.

Full Body	90 min	R1 205
Back of Body	60 min	R1 005
Back & Neck	40 min	R 820

Deep Tissue Massage

A specific massage therapy that concentrates on the deep layers of muscle and fascia in the body leaving it more flexible and supple.

Full Body	90 min	R1 205
Back of Body	60 min	R1 005
Back & Neck	40 min	R 820

Swedish Massage

Increases the circulation of blood, lymph and relaxes the superficial muscles.

Full Body	90 min	R1 050
Back of Body	60 min	R 965
Back & Neck	40 min	R 720

Aromatherapy Massage

Gentle soothing strokes are used together with a combination of essential oils to rebalance, revitalize or purify the body.

Full Body	90 min	R1 050
Back of Body	60 min	R 965
Back & Neck	40 min	R 720

Slimming Detox Massage

Full Body	90 min	R1 050
Back of Body	60 min	R 965

Foot Reflexology

A pressure point massage that leaves you with the feeling of restoration and a sense of balance. 40 min R 720

Prenatal Massage

Massage during pregnancy can reduce anxiety and relieve muscle aches and joint pain. 60 min R 965

Scalp Massage

A gentle massage that aids in improving circulation and relaxation of scalp muscles. 40 min R 720

bliss for two packages

Morning Bliss for Two

40 min massage followed by Morning Tea in the hotel lounge R1 755

Afternoon Bliss for Two

60 min massage followed by Afternoon Tea in the hotel lounge R2 325

Evening Bliss for Two

Two 60 minute massages followed by Evening Tea in the hotel lounge R2 325

Librisa Spa “Journey of Discovery”

Full Day Discovery (four treatments) 6 hours R4 650
Half Day Discovery (two treatments) 3 hours R2 650

Journey of Discovery options:

- Manicure and Pedicure
- Scalp Massage and Foot Massage
- Kalahari Bespoke Facial
- Librisa Kgapa Signature Massage
- Full Body Polish with Body Wrap

The journey of discovery also includes a Kalahari or Africology Journey Kit.

hand and foot treatments

Tsama Spa-Manicure

A beauty treatment for hands and finger nails which includes massage. Choose between french, varnish, or men’s manicure. 45 min R 455

Calabash Spa-Pedicure

Improves the appearance of feet and toe-nails which includes massage. Choose between french, varnish or men’s pedicure. 60 min R 570

librisa body treatments

Our Librisa treatments are designed to bring your body to optimal health.

Kalahari Body Polish with massage

The exfoliating benefits combined with the invigorating botanical oils that enliven body and mind.

Followed by a shower and relaxing 50 min full body massage. 90 min R1 205

Kalahari Desert Glow

Buff away dry, dull skin to reveal a healthy glow. Ending with an invigorating shower.

30 min R 620

Africology Rooibos Lavender Clay Wrap

Healing for skin conditions such as eczema, sunburn and swelling. Leaves skin feeling smooth and refined.

60 min R1 205

Africology Coffee Mint Clay Wrap

Stimulates lymph drainage and aids in toxin elimination. Great for pregnant women.

60 min R1 205

Librisa Luxury Bath

Librisa Luxury Bath incl 45 min massage 75 min R1 205

Librisa Teen Experience

Teen Deep Cleanse	45 min	R 575
Sweet Pamper Massage	45 min	R 585
Princess Varnish	20 min	R 120
Princess Manicure	30 min	R 300
Princess Pedicure	40 min	R 420

Tinting

Eyelash & brow tinting will enhance the general appearance of your lashes & brows.

Lash Tint	25 min	R 145
Brow Tint	10 min	R 110
Lash & Brow tint	30 min	R 215