hand and foot treatments

Spa-Manicure

A beauty treatment for hands and finger nails which includes a massage. Choose between french, varnish or men's manicure.

Spa-Pedicure

60 min R 610

45 min R 490

Improves the appearance of feet and toe-nails which includes a massage. Choose between french, varnish or men's pedicure.

Gelish

Gel Manicure 90 min R 550 A beauty treatment for hands and finger nails and includes massage. Add the finishing touches with a application of OPI gel.

Gel Pedicure	90 min	R	650
Improves the appearance of feet and toe-nails	and inclu	des	
massage. Add the finishing touches with a appl	ication of	OP	l gel.

Gelish Removal	30 min	R	150
Gently remove your Gel application			

Tinting

Eyelash & brow tinting will enhance the general appearance of your lashes & brows.

Lash Tint	25 min	R	160
Brow Tint	10 min	R	120
Lash & Brow tint	30 min	R	230

Waxing

Waxing is a temporary method of hair removal, which removes hair from the root.

Hollywood (incl full frontal & g-string area)	R	350
Brazillian (full frontal)	R	330
Under-arm	R	180
Standard bikini (sides only)	R	210
Full leg	R	370
³ / ₄ leg wax	R	270
<mark>½ leg</mark> (top or bottom)	R	220
Full arm	R	200
Half arm	R	130
Back wax	R	400
Chest	R	180
Brow	R	170
Chin	R	130
Lip	R	130
Ear	R	160
Nose	R	160

Please consider our other guests: The spa is a haven of tranquillity. For the consideration of others, we request that guests keep noise to a minimum.

Spa treatment hours: The spa is open daily from 09h00 to 19h00. Subject to change.

Reservations: Advanced booking prior to your arrival is strongly recommended to secure your preferred date and time of treatment.

Cancellation policy: Spa appointments cancelled less than twenty-four hours prior to your scheduled appointment will result in a 50% cancellation charge. A no show will result in a full charge.

Arrival: We recommend that you arrive 15 minutes prior to your scheduled treatment to allow adequate time to change and avoid reduced treatment times. Please bear in mind that all spa treatments need to end on time.

Payment: We accept cash and all major credit cards. Payment may also be charged to the room. All prices are quoted in South African Rand (ZAR) and are subject to change without prior notice.

Attire: For your comfort, complimentary bathrobes, slippers and disposable undergarments are provided. Bring your bathing costume along to enjoy our water facilities.

Spa amenities: For your convenience, we supply complimentary shampoo and spa body products.

For your comfort: Our spa is a non-smoking facility and the consumption of alcohol is prohibited. It is advisable to avoid the consumption of alcohol and heavy foods prior to, or directly after a spa treatment. Please refrain from using your cellphone whilst at these premises.

gift cards a Librisa Spa treatment makes the perfect gift for any occasion. Purchase online or at the hotel reception.

For a reservation please call via hotel extension 1553

Belmond Mount Nelson Hotel 76 Orange Street, Cape Town, 8001, South Africa T: +27 (0)21 483 1550 E: librisa.mnh@belmond.com www.librisa.co.za



librisa facials

Our facials are designed to bring your skin optimal health. Your customized facial will include steam, exfoliation, extraction, mask and massage.

Thalgo Facials

Hyaluronic Filler Treatment 60 min R1 700 This specialised treatment features Marine Hyaluronic Acid molecules for optimal absorption of active ingredients and immediate results. For ladies, 35 years and older, who want to fill their deep set wrinkles and stimulate their skin's youthfulness.

Silicium Super-Lift Treatment75 minR1 700This treatment will smooth skin, fill deep wrinkles and lift facialcontours and neck without the use of surgery.

Ultimate Time Solution Ritual 90 min R2 300 This complete treatment offers immediate visible results, which intensify throughout the course of the treatment. Rich in anti-free radical agents, this treatment will boost the collagen synthesis, reduce wrinkles in both depth and number and has a long lasting anti-ageing effect.

Ocean Ritual 60 min RI 200 Uniquely designed for men, the key Algae Bleue Vitale extracts is infused with anti-fatigue and anti-ageing properties. This energising treatment provides immediate results which leaves the complexion rested and radiant.

Source Marine

60 min R950

This hydrating treatment is enriched with Seve Bleue extract, which hydrates the skin, whilst boosting radiance.

Signature Prodige Ritual90 minR2 000This supreme beauty ritual provides ultimate revitalisation and
total youthfulness.and

Africology Facials

African Goddess Facial90 minRI 370An anti-ageing renewal treatment to restore elasticity, combatageing and promote healthy glow. Includes invigorating backexfoliation and moisturise.

Africology Bespoke Facial 75min R1 080 A customised holistic approach facial aiding in skin wellbeing.

Facial Enhancers

Customise your chosen facial with any of the following enhancers:

Collagen Booster	l 5 min	R100
A drink for anyone wishing to visibly	reduce wrinkles and fine	e lines

Eye Touch R250 20 min A treatment exclusively designed to treat puffiness, dark circles and wrinkles.

librisa massage therapy

Our massages incorporates the "push-pull" technique. This aims to bring wholeness and balance to the body.

Librisa Signature Massage

A unique massage that will restore body, mind and soul.

Full Body	90 min	RI 290
Back of Body	60 min	RI 080
Back & Neck	40 min	R 880
Together Time	60 min	RI 800

Together Time

Take pleasure in sharing the ultimate spa experience with someone special. Whether it be your partner or your best friend, you can enjoy a luxurious massage in our exclusive couples

treatment room.

Hot-stone Massage

The warm stones delicately massage away everyday stress.

Full Body	90 min	RI 290
Back of Body	60 min	RI 080
Back & Neck	40 min	R 880

Deep Tissue Massage

A specific massage therapy that concentrates on the deep layers of muscle and fascia in the body leaving it more flexible and supple.

Full Body	90 min	RI 290
Back of Body	60 min	RI 080
Back & Neck	40 min	R 880

Swedish Massage

Increases the circulation of blood, lymph and relaxes rficial r

the superficial muscles.			
Full Body	90 min	RI 130	
Back of Body	60 min	RI 040	
Back & Neck	40 min	R 770	

Aromatherapy Massage

Gentle soothing strokes are used together with a combination of essential oils to rebalance, revitalize or purify the body.

Full Body	90 min	RI 130
Back of Body	60 min	RI 040
Back & Neck	40 min	R 770

Slimming Detox Massage

Full Body Back of Body	0	90 min 60 min		
Foot Reflexology		40 min	R	770

A pressure point massage that leaves you with the feeling of restoration and a sense of balance.

Prenatal Massage 60 min RI 040

Massage during pregnancy can reduce anxiety and relieve muscle aches and joint pain.

Scalp Massage 40 min R 770 A gentle massage that aids in improving circulation and

relaxation of scalp muscles.

Massage Enhancers

Customise your chosen massage with any of the following treatment enhancers:

Bella Bacci Cups	15 min	R	50
to relieve muscle tension and increase lymph	drainage		
Hot stones	15 min	R	80
to deeply warm and relax sore aching muscle	es.		
Back exfoliation & heated mud treatment	15 min	R	100
Ocea Draine detox drink	15 min	R	80
to aid the removal of toxins.			
Eye Expert	30 min	R	300
treatment exclusively designed to treat puffir	ness, dark cir	rcles	
and wrinkles.			

spa packages

Africology Botanical well-being Body and Face Ritual 120 min RI 760 An experience to harmonise the body's own energy field. 30 min body exfoliation 30 min body wrap 60 min facial Africology Skin Adoration Wrap 120 min RI 760 A soothing journey to relax and ease tight muscles 30 min body exfoliation 30 min body wrap

60 min full body massage

Bliss packages for two

Morning Bliss for Two A massage followed by Morning Tea in the		RI 890
Afternoon Bliss for Two A massage followed by Afternoon Tea in th		R2 500 ge
Evening Bliss for Two	60 min	R2 500

A massage followed by Evening Tea in the hotel lounge

Librisa Spa "Journey of Discovery"

Full Day Discovery (four treatments)	6 hrs	R4 650
Half Day Discovery (two treatments)	3 hrs	R2 650

Journey of Discovery options:

- Manicure and Pedicure Scalp Massage and Foot Massage
- Africology Bespoke Facial Librisa Signature Massage
- Full Body Polish with Body Wrap

The journey of discovery also includes an Africology Journey Kit.

librisa body treatments

Our Librisa treatments are designed to bring your body to optimal health.

Librisa Time

120 min R2 300

Time is the greatest gift we can give you. Book a duration of time rather than a specific treatment and consult with your therapist and utilise their individual talents to create and customise treatments to your unique and individual needs.

Boutique Spa

90 min RI 800

Tailor- make your unique spa experience by selecting any three bespoke 30 minute treatments:

Full body scrub

Back, neck shoulder massage with Bella Bacci cupping

Customized Africology Facial

Therapeutic pressure point foot massage

Indoceane Mindful Ritual

120 min RI 800 or R3200 per couple

RI 290

Discover ancestral beauty, well being and purification practices from diverse cultures. This wonderful ritual takes the body on a voyage of discovery to a new kind of relaxation which re-energises the body and mind through a feeling of peace and inner calm.

Africology Coffee Mint Clay Wrap 60 min RI 290 Stimulates lymph drainage and aids in toxin elimination. Great for pregnant women.

Librisa Luxury Bath	75 min
includes a 45 min massage.	

Librisa Teen Experience

Teen Deep Cleanse	45 min	R	620
Sweet Pamper Massage	45 min	R	630
Princess Varnish	20 min	R	130
Princess Manicure	30 min	R	320
Princess Pedicure	40 min	R	450