

BISTRO LUNCH BUFFET

Bistro lunch buffet	395
salad, cold, hot and dessert buffet	
Sunday lunch buffet	445
with carvery and a live jazz performance	
Salad and cold starter buffet	305
salad greens, crudités, accompaniments and a selection of dressings	
cold cured, roasted and smoked meat and seafood selection with condiments	
quiche, pastries, dips, spreads and paté, composed vegetable salad selection	
assorted pickles and marinated olives with home baked breads	
South African cheese selection with preserves, poached fruits, dried fruits and biscuits	
Hot buffet	305
hot dishes prepared daily with condiments and seasonal vegetables	
Dessert buffet	170
assorted tarts, cakes, mousses, creams and fresh fruits	

GRILL / JOSPER MENU

Baby chicken	165	Lamb rump kebab	195
Pork ribs (400g)	175	Pork ribs (800g)	325
Rib eye steak (300g)	320	Ostrich (200g)	230
Queen prawns	SQ	Line fish	190

peri peri 6 or 9
all dishes served a choice of fries, potato wedges, crushed potatoes, steamed rice or side salad

Sauces

60 mushroom, pepper, jus', cheese, peri peri or lemon butter

Vegetable sides

70 roast butternut, stir-fried vegetables, corn on the cob, mixed vegetables, mixed crisp salad greens with a lemon vinaigrette

SANDWICHES

Club sandwich	165
chicken breast, bacon, avocado, tomato, cheddar, mayonnaise, lettuce on white or whole wheat bread served with fries, potato wedges or side salad	
Toasted or plain sandwiches	135
white, brown, whole wheat or panini with your choice of: smoked salmon, ham, tomato, cheddar cheese, egg salad, roast beef, tuna or chicken mayonnaise, served with fries, potato wedges or a side salad	
Chicken burrito	150
breast, shredded ice berg lettuce, cheddar, avocado, hummus and mayonnaise served with fries, potato wedges or a side salad	
Prego roll	165
with beef or chicken in a peri peri sauce with tomato, lettuce, sautéed onions served with fries, potato wedges or a side salad	

PIZZA AND PASTA

Pizza	
Margherita, tomato, mozzarella and basil	120
add up to 3 toppings: -	95
chorizo, bacon, ham, salami, chicken, garlic, mushrooms, peppers, chilli, pineapple, anchovy, avocado, rocket, artichoke, olives or feta	
Pasta	
fussili, spaghetti or penne	
with bolognese, napolitana or pesto	140
with prawn, rocket cream sauce	250

LIGHT MEALS AND SALADS

Rice paper wrap (V) (N)	120
sprouts, avocado, lettuce, spinach, radish, cucumber, spring onion and carrot seasoned with lemon, mint and coriander served with a spiced peanut sauce	
add prawns	250
Caesar salad (V)	160
baby gem lettuce, garlic croutons, shaved parmesan with a Caesar dressing	
Caprese salad (V)	165
tomato and mozzarella with fresh basil and andante olive oil	
Greek salad (V)	160
tomato, feta, lettuce, onion, cucumber, olives, and peppers with a light herb dressing	
Roasted butternut quinoa salad (V) (N)	120
millet, sunflower seeds, sesame, cashew nuts, goji berries, dried cranberries, apple, feta, parsley, spring onions, sprouts and pea shoots	
Tomato and mozzarella bruschetta with basil (V)	165
Build your own salad	165
select any six ingredients:	
corn, green beans, ice berg lettuce, rocket, cucumber, carrot, apple, beetroot, celery, cocktail tomatoes, tomato wedges, baby gem lettuce, green pepper, roasted peppers, red onion, quinoa, roasted butternut, broccoli, new potatoes or dried cranberries	
select any two ingredients:	
sesame, sunflower, olives, green olives, asparagus, red pepper, artichokes or capers	
select one of these ingredients:	
feta, blue cheese, haloumi, parmesan, gouda or mozzarella	
select one of these ingredients:	
tinned tuna, chicken breast, walnuts, avocado, anchovies, seared beef or crispy bacon	
select one of these dressings:	
lemon, balsamic, chili and lime, peanut or yoghurt	
Vegetable mezze (V)	150
grilled pita with roast vegetables, hummus, olive tapenade and falafel	
MNH beef burger	175
100% pure beef burger, toasted sesame bun, mature cheddar, pickled cucumbers, tomato, lettuce, brinjal chutney and sautéed onions served with fries, potato wedges or a side salad	
Lamb curry roti	140
served with tomato onion salad and fries	
Smoked salmon	150
served with a fennel and pickled onion salad	
Tuna carpaccio	145
radish, onion, carrot, lime, olive oil, coriander and chilli	
Steak tartare - starter or main	165 240
served with charred baguette, fries and aioli	
Fresh Saldanha Bay oysters	
with traditional accompaniments	
½ doz	185
doz	310
Gazpacho soup	110
Soup of the day	110
served with home-made bread	
Selection of cheeses (V)	170
preserves, bread and biscuits	

DESSERT

Fresh cut seasonal fruit selection	95	Ice cream coupe	90
with home-made berry sorbet		chocolate chip, salted caramel, vanilla and mixed berry	
Baked cheese cake	95	Milkshakes	75
served with chantilly cream and granadilla coulis		strawberry, chocolate, vanilla	
Sorbet coupe	75	Vanilla Creme Brûlée	95
Chocolate nut sundae	95		