BELMOND MOUNT NELSON HOTEL CAPE TOWN

MINDFUL MEETINGS

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CAPE TOWN



Perfectly positioned in the heart of the city centre and at the foot of magnificent Table Mountain, the iconic Belmond Mount Nelson Hotel offers an oasis of tranquillity in a lush garden setting.

We know how important your event is and, with our vast experience of function planning, pride ourselves on ensuring it goes seamlessly.

Our team of coordinators can advise on and arrange everything from coffee breaks and cocktail parties to AV and IT.

Belmond Mount Nelson Hotel offers the perfect venue for functions with finesse and conferences with class.



MINDFUL MEETINGS

The much touted practice of Mindfulness: "bringing one's complete attention to the present experience" is not always an easy thing to achieve.

However, at Belmond Mount Nelson Hotel you will find a truly harmonious environment, surrounded by nine acres of flowering gardens and leafy tall trees, views of Table Mountain and Lion's Head, as well as an appealing "eating green" conference menu created by Executive Chef Rudi Liebenberg.

Packed with superfoods and sustainable, organic and seasonal produce, the delectable healthy dishes combined with the hotel's tranquil green surroundings will elevate your meeting to another level, making it not only a mindful, but also a memorable meeting.

CAPE TOWN



MINDFUL MEETINGS PACKAGE

RATES:

ZAR 630 per person for a full day and ZAR 610 for a half day conference package

INCLUDES:

- Eating Green menu
- Venue hire
- Standard AV equipment: whiteboard, flipchart, paper and pens, conference note paper and pen, screen with black skirt, data projector and stand
- Secure, complimentary parking available

TERMS AND CONDITIONS:

- Minimum of 12 delegates required
- Rate excludes service charge (less than 50 guests 10% and more than 50 guests 8%)
- 15% VAT included
- The package is valid until 31 October 2019
- Our onsite Audio Visual Company (Inhouse VTM) can provide any additional AV equipment required
- Lunch is a standing lunch and the venues will be advised. Additional costs may apply for a private or seated lunch
- Lunch beverages are not included and charged on consumption

SAMPLE EATING GREEN MENU

ARRIVAL

Gluten free spinach and feta frittata, Danish pastry, mini yoghurt verrine OR

Gluten free broccoli, quinoa and spring onion frittata, bran muffin served with homemade orange preserve, mini Bircher muesli

MID-MORNING

Popcorn, crudités OR lettuce cups (lime, ginger, cashew, shredded chicken, coconut, lemon grass), with rice paper wrap and sushi selection OR

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Waste awareness canapé selection (smoked salmon on cauliflower latke, mushroom on sour dough quinoa bread and chicken pies)

LUNCH

Cold lunch: Beef carpaccio, smoked salmon, Caesar salad, Mezze/Antipasto/charcuterie, cheese and bread OR

Grill menu: Beef fillet with pepper sauce, marinated chicken thighs, Thai marinated lamb kebabs, fish medallions, mushroom kebabs, and a salad selection

AFTERNOON BREAK

Selection of desserts, sliced fresh fruit salad and ice creams

ALL DAY

Tea and freshly brewed coffee, home-made selection of sweets, biscuits and health bars, fresh fruit, selection of mixed nuts and dried fruit, fruit and vegetable juice, fruit smoothies, home-made cordial and water

CAPE TOWN



OUR VENUES

THE BALLROOM

This elegant space boasting views of Table Mountain is perfect for grand receptions. It can be reached by a separate exterior entrance or through the hotel foyer. Its three interconnecting rooms can be configured to your specific needs.

PLANET ROOM AND CONSERVATORY

One of Cape Town's most celebrated venues can be hired to host a private lunch or dinner, a glittering year-end function or a stylish office party. The light and airy conservatory is beautiful space for smaller groups

THE SHERWOOD ROOM

Originally the hotel's main dining room, this dramatic space features prominent arches, a minstrels' gallery and rich wooden panels. Its recent makeover has infused it with the African sun and a vibrant mix of textures and colours.

GREEN PARK AND TERRACE

A smaller venue, flooded with natural light and benefitting from an outdoor terrace and views of Lion's Head. It is suited to smaller functions.

THE UNION CASTLE BOARDROOM

Art deco curves blend with earthy South African tones in this compact venue, which is located on the hotel's first floor and is ideally suited smaller lunches and dinners.

THE GRILL ROOM

with its elegant burgundy and gold colour scheme and equestrian prints, the Grill Room exudes the air of a polo lounge. It has its own entrance and separate bar area and is ideal for dinner dances, informal cocktails or even a show.

CHEF'S TABLE

Savour the hotel's cuisine while seated in the heart of the kitchens at The Chef's Table. This theatrical interactive experience includes a fivecourse menu perfect for up to 12 foodie.

A FEAST AT OASIS BISTRO

Boasting a stunning garden-side location, the Oasis Bistro is perfect for a sun-splashed event overlooking the hotel's main swimming pool and expansive gardens.

CAPE TOWN

CAPACITY CHART

VENUE	EVENTS						MEETINGS				
	Area sqm.	Banquet round	Dinner Dance	Rest.	Cocktail	Cabaret	School room	Boardroom	U-Shape	Hollow centre	Cinema
Ballroom A+B	306	220	200	-	300	154	200	70	64	90	300
Ballroom A	166	110	90	-	150	77	84	40	36	48	150
Ballroom B	139	110	90	-	150	77	70	28	30	42	130
Ballroom C	128	80	60	-	100	42	54	24	30	36	80
Ballroom All	528	340	320	-	400	196	254	70	64	90	380
Green Park Room and Terrace	62	30	-	-	60	28	30	24	22	20	50
Orchid Room	64	30	-	-	45	21	18	16	-	20	40
Union Castle Boardroom	42	-	-	-	-	-	-		14		
Room 6	32	10	-	-	20	-	12	14	9	-	18
Grill Room	177	90	70	_	150	42	60	40	30	26	100
Planet Room and Conservatory	247	-	-	120	-	-	-	-	-	-	-

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