

# LORD NELSON

#### RESTAURANT

Soak up the atmosphere of our timeless dining room while savouring much-loved classics. The elegant, wood-panelled space dates from the hotel's inauguration in 1899. It was here that, in 1994, President Nelson Mandela welcomed the world's leaders for the first World Economic Forum ever to be held on African soil.

Admire the minstrels' gallery and the pressed ceilings depicting the history of the British Empire's South African colonies. Browse a menu of enduring favourites with a contemporary twist, such as Beef Wellington and Crêpes Suzette. Ideal for special occasions or simply to experience the unique old-world charm of this storied dining room.





#### FOOD ALLERGY INFORMATION

We have indicated vegan, vegetarian, dairy, gluten free and nut allergies on the menu. For any other allergens, intolerances or special dietary requirements please communicate these to your waitron. All prices are quoted in ZAR

- VEGETARIAN

S - SHELLFISH

VG - VEGAN

G - GLUTEN

N - NUTS - FISH

D - DAIRY

E - EGG

P - PORK



#### **TERRINE**

Consult with your waiter for more information | N, E, GL

R125

#### FRESH WEST COAST OYSTERS

Served with lemon | mignonette and Tabasco | S R195 | 6 or R325 | 12

#### **CAESAR SALAD**

To share, finished table side | F,E,D,G R195

#### STEAK TARTARE

Mixed table side | D,E,F Starter R150 or Main R260

#### **SMOKED SALMON**

Rye croutes | horseradish cream with a shaved fennel salad | F,D

Rigo

#### PRAWN COCKTAIL

Mary Rose dressing | Sauce Vierge S,D R230

#### CAVIAR (IMPERIAL HERITAGE)

served with potato blinis | egg | chives onion sour cream and toast R2850









#### BEEF WELLINGTON FOR TWO, CARVED TABLE SIDE

with jus and Béarnaise sauce | D,P,N,G

Please allow up to 40 minutes to prepare. Subject to availability. **R710** 

#### HERB CRUSTED ROAST RACK OF LAMB FOR TWO CARVED TABLE SIDE

Mint jelly | olive caper relish | D,N,G

Please allow up to 40 minutes to prepare. Subject to availability.

R820

#### ROASTED CHICKEN FOR TWO CARVED TABLE SIDE

with sauce supreme | E,D,N,G R610

Tableside dishes are served with cauliflower mornay, fine beans, glazed carrots, roasted potatoes and salad greens

#### CRÊPES SUZETTE FOR TWO SERVED TABLE SIDE

vanilla ice cream orange Grand Marnier caramel sauce | E,D R210



Selection of the finest cheeses, preserves, bread and biscuits R190

#### FIXED MENU PRICES

• 2 Course R395 • 3 Course R495 • 4 Course R595

### 

#### **GIN CURED SEA TROUT**

fennel | kelp aioli | remoulade | rice cracker | **F,D** 

#### **OSTRICH CARPACCIO**

prune purée | spiced semi-dry figs | fresh figs | beetroot tabbouleh | D

#### FRESH ASPARAGUS

Cashew crème | toasted nuts & seeds |
Cape greens with a herb vinaigrette
VG,N

#### **HEIRLOOM TOMATO SALAD**

salted plums | olive pesto | burrata D, V



### **INTERMEDIATE**



#### PRAWN AND MUSSEL BISQUE

saffron | rouille D,S, G

## SCALLOP AND SWEETBREADS WITH PROSCIUTTO

pea purée | pea salad | lime | capers P, D, G

#### PAN-FRIED SEA TROUT

braised baby fennel | mango salsa | tomato and fennel relish | F,P,D

## CASHEW AND BUTTERNUT TORTELLINI

korma sauce | curry leaf 'confit' | butternut **G,N,V** 

#### SUMMER SQUASH RISOTTO

Parmesan | grilled squash | dune spinach

E,D, N

### MAINS



#### BEEF TOURNEDOS FORESTIERE

mushrooms | bacon | new potatoes | D,P

#### SPRINGBOK LOIN

gorgonzola polenta cake | fermented pear | roasted baby beets | pecan nuts D,N

#### PAN ROASTED DUCK BREAST

Grand Marnier sauce | carrots | grilled peach salad | D

#### **GRILLED LAMB LOIN**

fine beans  $\mid$  lemon crushed potatoes  $\mid$  confit lamb neck  $\mid$  white onion purée  $\mid$  D

## ROAST SEABASS WITH A SOFT SPINACH CRUST

Masala roasted cauliflower | curry leaf cream | D, G, F

#### **BAKED BRINJAL**

mushroom ragout | charred brinjal paste | pickled onion and radish salad | VG, N

## ∞ DESSERT ∞

#### PEACH MELBA

poached peach | vanilla ice cream | almond tuile | raspberries | E,D

#### DARK CHOCOLATE FONDANT

banana ice cream | E,D

#### STRAWBERRY TART

fresh cream | D, E

#### PANNA COTTA

mango salad | plum sorbet | D

AMARULA MOUSSE D.E





### ← FROM THE EARTH →



### ~ TABLESIDE ~

## TOMATO TARTARE FOR TWO MIXED TABLE SIDE

Served with activated charcoal melba

N,G

Starter R150 or Main R260

# CAESAR SALAD FOR TWO MIXED TABLE SIDE

Baby gem lettuce | sunflower garlic dressing | garlic croutons | cashew parmesan | N,G

R195

# BUTTERNUT WELLINGTON FOR TWO, CARVED TABLE SIDE

Mushroom duxelle | spinach | smoked carrot | served with carrots, green beans, potato and a green salad | N,G

Please allow up to 40 minutes to prepare. Subject to availability.

R495



#### FOOD ALLERGY INFORMATION

We have indicated nut and gluten allergies on the menu. For any other allergens, intolerances or special dietary requirements please communicate these to your waitron.

All prices are quoted in ZAR

N-NUTS | G-GLUTEN

OUR 'FROM THE EARTH' MENU IS VEGAN FRIENDLY

#### FIXED MENU PRICES

• 2 Course R395 • 3 Course R495 • 4 Course R595

### 

#### FRESH ASPARAGUS

Cashew crème | toasted nuts & seeds | Cape greens with a herb vinaigrette | N

#### HEIRLOOM TOMATO SALAD

olive caper relish | basil | plums

## ~ INTERMEDIATE

## CASHEW AND BUTTERNUT TORTELLINI

korma sauce | curry leaf 'confit' butternut | N,G

## MASALA ROASTED CAULIFLOWER

Cauliflower salad | crisps | N

TOMATO SOUP
Rouille



#### BAKED MUSHROOM AND BRINJAL

spinach purée | mushroom salad

#### SUMMER SQUASH RISOTTO

grilled squash | nut and seed mix | pumkin seed hummus | N



**COCONUT TART** 

with coconut sorbet

CARROT CAKE

with mango sorbet | G

FRESH CUT FRUIT



#### Lord Admiral Horatio Nelson

An inspirational leader and master tactician, Nelson packed an impressive amount into his short life.

He had a precocious start, joining the Royal Navy aged just 12 and being promoted to Captain by 20. In his teens he sailed to both Cape Town and Simonstown. Later, he won numerous battles around Europe, despite being blinded in one eye, losing an arm – and suffering chronic sea sickness.

Yet it was during his greatest triumph that he lost his life. Having defeated the combined French and Spanish fleet in the Battle of Trafalgar, he was fatally wounded by a sharpshooter.

In 1806, the property that would become Belmond Mount Nelson Hotel was up for auction. It was named in honour of the heroic British Admiral who'd died the year before.

1758-1805

