

SPA MENU

WELCOME TO THE WONDERFUL WORLD OF BELMOND

We are totally dedicated to your wellness when you stay with us at Belmond. Whether lazing in our spa or dining on nutritious cuisine, practicing yoga on a beach or enjoying a moment's peace in a tranquil hideaway, do take this special opportunity to refresh both your body and your soul.

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01 RELAX AND REVIVE AT KINAN SPA

We invite you to unwind in our serene spa, named for the Mayan word meaning “healing energy of the sun”. At Kinan Spa, we celebrate the traditions of Mayan culture with ancient rituals, rare indigenous botanicals and a holistic approach to healing.

Built with the spiritual guidance of a family of Mayan masons, our sanctuary is aligned with the stars and positioned in harmony with nature. Many of our exclusive treatments use rich local ingredients, such as chocolate, honey and powerful Mayan herbs. We also embrace “Slow Beauty”, the concept that true beauty comes from within and spreads throughout your body and soul.

Enjoy seven individual treatment rooms, two couple’s treatment rooms with jacuzzi, and complimentary use of our wellness circuit (sauna, steam room and plunge pool). You’ll also find a Spa boutique, manicure and pedicure station, beauty salon and health bar, Cilantro, where you can order a smoothie or a snack chock-full of fresh fruits and superfoods.

All treatments are suitable for both men and women unless otherwise stated.

Opening times: Daily, 9am-9pm

Access: Kinan Spa is located near the Acuarios Pool

Reservations: Extension 423

02 SIGNATURE INDULGENCES

KINAN RITUAL

EXFOLIATION, BODY WRAP AND MASSAGE 120 MINUTES

Prepare to feel cleansed and renewed spiritually, mentally and physically. We use humble but potent local herbs, infused into warm sheets that are wrapped around your body. The combination of heat and herbs helps draw out unwanted toxins. Next, you'll be invigorated by a full body exfoliation with honey from the Mayan jungle and salt from the Yucatan town of Celestún. Finally, feel the awesome healing power of Kinan Spa through an invigorating four-hands massage.

KAPEH

EXFOLIATION AND MASSAGE 120 MINUTES

A combination of ancient healing therapies creates this incredible sensory ritual. Your journey starts with a four-hands exfoliation with coffee and sesame oil. Afterwards, we remove the coffee grounds using lemongrass-infused wet towels and treat your skin to a hot stone massage with a nourishing wax to deeply relax your muscles. Finally, we turn our attention to your mind, pouring warm lemongrass infusion onto your forehead to calm and restore your nerves, release stored emotions and purify the senses. During the ritual, breathe in the aromas of different essential oils for an even more intense experience.

TEMAZCAL

TRADITIONAL CEREMONY 90 MINUTES

For an authentic Mayan cleansing ritual enjoy the temazcal, a purification ceremony connected to the energy of the universe, the phases of the moon and the elements of life — air, fire, earth and water. Guided by a Mayan shaman, the ritual begins with a healing herb infusion being poured over heated volcanic stones to create an aromatic steam. The vapor, together with the sound of ancestral drums and chants, helps you connect with your inner self, producing a sensation of total cleanliness, tranquility and peace. Private sessions are available, perfect to share with your soulmate as part of a wedding ceremony, honeymoon or anniversary celebration.

APHRODISIAC CHOCOLATE RITUAL

EXFOLIATION AND MASSAGE (COUPLES ONLY) 120 MINUTES

Abandon yourselves to an indulgence of chocolate. We begin by exfoliating the entire body with natural cocoa to leave you ready for your sweet immersion. You're massaged with the finest warm chocolate and then gently wrapped up. Afterwards, a further massage using 100% pure chocolate and coconut cream will leave your senses ablaze. At the end, join your partner in the hot tub for a romantic bath and a glass of champagne.

02 SIGNATURE INDULGENCES

HONEY & GLOW FACIAL

80 MINUTES

See fine lines and wrinkles fade and a new suppleness and firmness take hold with our rejuvenating facial. We begin with an exfoliation treatment to remove dry skin before applying a layer of nourishing Plant Stem Cell Booster Serum. Finally, we soothe on a mask prepared with honey from our very own Mayan beehive to repair and revive skin.

JANZU WATER THERAPY

45 MINUTES

Allow yourself to be nurtured through this tender yet powerful water massage. Using gentle rocking and stretching movements in our meditation pool, we'll gently release any physical and emotional blockage. Feel lulled by the warm, chest-high water and soothed by a series of flowing dance-like movements.

03 MASSAGES

HOT HEALING POULTICE 105 MINUTES

Ease tension and improve your circulation with this soothing ritual, in which a handmade blend of healing herbs and essential oils, wrapped in a warm organic cotton poultice, is used to massage the body. A dynamic oil massage completes the treatment, leaving your body free of impurities.

HEALING AND CLEANSING TREATMENT 80 MINUTES

Boost your energy and heal the body from stress with this combined treatment of cranial herbal pouches and foot reflexology. You'll walk out feeling renewed.

RAINDROP AROMATHERAPY BY PRIMAVERA 80 MINUTES

Enjoy a tailor-made treatment using different massage techniques such as shiatsu, lymphatic drainage, reflexology and relaxing massage. We begin the experience with the application of five essential oils along the spine as you sink into a blissful state of calm. The Raindrop Aromatherapy experience is known to enhance the body's natural defenses and soothe the central nervous system. Emerge from this unique experience feeling rested, restored and rejuvenated.

REFLEXOLOGY 30/50 MINUTES

In this ancient Chinese healing technique, points on the feet are linked to particular areas and organs of the body. By massaging the feet, your therapist can target any specific areas of concern while easing tension and improving circulation.

ANTI-STRESS THERAPY 50/80 MINUTES

Enjoy an intense massage using the shiatsu technique and herbal pouches to relieve muscular tension, recover energy flow and ease stress. A truly effective treatment.

LOMI LOMI 50/80 MINUTES

Part of traditional Hawaiian medicine, this massage is one of the oldest and deepest forms of restorative body work. By massaging the muscles with continuous, flowing strokes we encourage complete relaxation. For the ultimate experience, try it with four hands (two therapists).

MUD MASSAGE 50/80 MINUTES

For anyone with stiff joints or hormonal imbalances or those recovering from surgery or sport injuries, this treatment will bring wonderful relief. The rich, healing mud contains anti-inflammatory and anti-aging properties as well as natural antibiotics.

03 MASSAGES

HOT STONE EXPERIENCE 80 MINUTES

Prepare to loosen up as heated stones are placed on your body and used in combination with Kinan's signature oil to release tension, soothe aching muscles and leave you feeling blissfully relaxed.

BODY RELAXING MASSAGE 50/80 MINUTES

Rebalance your vital energies and restore harmony. Our uniquely blended massage oil and expert techniques will calm your body, mind and spirit.

DEEP TISSUE MASSAGE 50/80 MINUTES

We custom-design this massage to target specific areas of tension, using deep pressure contact to improve flexibility and mobility in your muscles. Suited to those who prefer a firmer massage pressure.

NURTURE PRENATAL THERAPY 50/80 MINUTES

Mothers-to-be need extra nurturing, so we use specialized techniques designed to focus on areas of discomfort during the first trimesters. A soothing combination of warm shea butter and gentle strokes relieves the stresses and strains experienced during all stages of pregnancy.

MOON AND STARS MASSAGE 50/80 MINUTES

Gaze at the stars from the romantic setting of our tropical beach and let all cares drift away as we soothe you with an ocean-side massage.

04 **BODY RITUALS**

KINAN BODY GLOW

30 MINUTES

Reveal softer, glowing and deeply hydrated skin with our creamy cleansing scrub made exclusively for Kinan Spa.

SUNBURN TREATMENT

50 MINUTES

Obtain soothing and cooling relief with this calming treatment derived from natural ingredients, such as noni and water lily, which help strengthen and nourish the skin's outer layer.

DETOX MAYAN HERBAL WRAP

50 MINUTES

Warm, pure cotton sheets infused with herbs are wrapped around your body, drawing out toxins for a deep, refreshing cleanse. We follow with an exfoliation using local honey and muscovado sugar to enhance the effects.

MUD BAR

Choose from our four varieties of healing mud to self-apply in the privacy of our sumptuous sauna and steam rooms. Let the mud moisturize and purify your skin as you slather your body in essential nutrients. Ideal for all skin types.

05 **FACIAL THERAPIES**

ANTI-AGING FACIAL, DIAMOND BY GEMOLOGY 80 MINUTES

Treat your complexion to a luminous, healthy glow with this nutritious infusion of botanicals, vitamins, minerals, omegas and antioxidants. Providing natural environmental protection, this facial delivers both immediate and long-lasting anti-aging results.

DEEP CLEANSING FACIAL BY PRIMAVERA 50 MINUTES

Using effective products rich in precious natural oils and essences, we gently exfoliate to remove any dry skin cells, clear clogged pores, stimulate cellular renewal and refine your complexion. By improving the skin's foundation, this therapy enhances vitality, elasticity and radiance.

FOR MEN - RED JASPER BY GEMOLOGY 50 MINUTES

Unveil a complexion in tip-top condition with this deep-cleansing, detoxifying and super-brightening facial. Pores will be tightened and skin tone more evenly balanced.

06 FOR YOUNGER GUESTS

PINK CARPET SPARKLE 80 MINUTES

Young princesses will look pretty as a picture after this fairytale manicure, pedicure and chocolate massage. They'll enjoy a refreshing Kinan smoothie during the session.

THE SUPERHERO 50 MINUTES

Volcanic clay relaxes superhero muscles during a neck, shoulder and hand massage. At the end of the treatment, we present a superpower surprise.

BEE PAMPERED 50 MINUTES

Enjoy a sweet-as-candy facial with Mayan jungle honey and a tiny tired-foot massage. Meli, our Melipona bee, accompanies little ones on this spa adventure and is theirs to take home.

RELAX WITH DAD 80 MINUTES

Father and child share a pampering session in our two-person spa suite. You'll both enjoy a refreshing aloe vera facial and massage, perfect for soothing skin after a day of fun in the sun.

RELAX WITH MOM 80 MINUTES

The chance for mother and child to enjoy quality time together. Unwind with a soothing massage, refreshing facial and pampering soft flower-petal "shower". After a relaxing dip in the jacuzzi, you'll both receive a special good luck bracelet.

07 FINISHING TOUCHES

NAILCARE

MANITAS BONITAS MANICURE
BY SALT OF THE EARTH 40/60 MINUTES

Treat your hands to a hydrating massage and nails to your choice of lacquer.
Opt for a longer manicure that includes an enriching hand mask to improve the tone and texture of your skin.

SALTY MARINES PEDICURE
BY SALT OF THE EARTH 40/60 MINUTES

Indulge in this traditional pedicure beginning with a cleansing of the feet and legs and continuing with a melt scrub and organic hydrating mask. After rough areas are smoothed away, limbs massaged and reinvigorated, a high-shine lacquer is applied to toenails.

POLISH CHANGE

NAIL GEL APPLICATION

NAIL GEL REMOVAL

HAIR SALON

MEN'S HAIRCUT

KINAN STYLING, INCLUDING BRAIDS, CURLS, TWISTS,
STRAIGHTENING OR HIGH SHINE

BLOW DRY

SPECIAL OCCASIONS - UP-DO AND MASTER STYLING

BRIDAL OR PHOTOSHOOT SESSION TRIAL

SCALP TREATMENTS

DRY HAIR

SCALP PURIFYING MINERAL TREATMENT
FOR DEHYDRATED SCALP

07 **FINISHING TOUCHES**

MAKE-UP

TOUCH OF COLOR

FULL MAKE-UP

WAXING

LIP

EYEBROW

BIKINI (NOT BRAZILIAN)

CHIN AND LIP

FULL FACE

UNDERARM

FULL LEGS

HALF LEGS

FULL LEGS AND BIKINI

BACK

MOUSTACHE AND BEARD

08 SPA STYLE

We're delighted you will be joining us. Our spa is an oasis of calm, and we therefore ask that you help us maintain the peaceful ambience by speaking in a soft voice and turning off your cell phone.

APPOINTMENTS

As treatments are subject to availability, we strongly recommend scheduling your appointments before your arrival. They can be charged to your room bill.

RESERVATIONS

Extension: 423

Telephone number: +52 998 872 8224

Email: kinanspa@belmond.com

CANCELLATIONS

We ask that you make any cancellation or change to treatments at least 24 hours before your appointment to avoid being charged in full.

ARRIVAL

We invite you to arrive at least 30 minutes before your appointment so you can enjoy the Wellness Circuit and adequate time to change. For your comfort we provide a kaftan, towels and slippers. As a courtesy to other guests, should you arrive late we regret that we will only be able to offer you the remainder of your appointment time. The full cost of the treatment or service will still be charged.

WELLBEING

For your safety and comfort, we ask you to complete a pre-treatment survey. Please notify us of any specific requirements for your visit which may include injuries, illnesses or allergies.

COMMUNICATION

Prior to the start of your treatment, kindly advise your therapist of the areas you would like to focus on and any areas to be avoided. During your service, let the therapist know if you feel any discomfort. Communication is key to obtaining the full benefit of your spa experience.

CHILDREN

We warmly welcome children, accompanied by an adult, at our spa. We offer a selection of treatments tailored to ages 4 to 12.

08 **SPA STYLE**

GRATUITIES

Our treatments are subject to 15% service charge. If you have enjoyed your treatment, please feel free to leave an additional gratuity at your discretion.

GIFT CARDS

Our gift certificates make perfect presents for spa lovers. Choose an individual treatment, a special package or a voucher for a specific denomination.

LISTA DE PRECIOS

PRICE LIST

09 PRICE LIST / LISTA DE PRECIOS

Prices are in US Dollars and are subject to a 16% tax and 15% service charge.

Todos los precios están enlistados en USD y están sujetos a un 16% de impuestos y un 15% de cargos por servicio.

SIGNATURE INDULGENCES / RITUALES FIRMA

KINAN RITUAL	(120 MIN)	380.00
KAPEH	(120 MIN)	380.00
TEMAZCAL	(90 MIN)	125.00
PRIVATE TEMAZCAL / TEMAZCAL PRIVADO	(90 MIN)	505.00
APHRODISIAC CHOCOLATE RITUAL / RITUAL AFRODISIÁCO DE CHOCOLATE	(120 MIN)	455.00
HONEY & GLOW / MIEL Y BRILLO	(80 MIN)	215.00
JANZU	(45 MIN)	120.00

MASSAGES / MASAJES

HOT HEALING POULTICE / CATAPLASMA CURATIVA	(105 MIN)	250.00
HEALING AND CLEANSING TREATMENT / TRATAMIENTO DE SANACIÓN Y PURIFICACIÓN	(80 MIN)	215.00
RAINDROP AROMATHERAPY BY PRIMAVERA / GOTA DE LLUVIA CON AROMATERAPIA POR PRIMAVERA	(80 MIN)	275.00
REFLEXOLOGY / REFLEXOLOGÍA	(30 MIN)	115.00
REFLEXOLOGY / REFLEXOLOGÍA	(50 MIN)	185.00
ANTI-STRESS THERAPY / TERAPIA ANTI-ESTRÉS	(50 MIN)	145.00
ANTI-STRESS THERAPY / TERAPIA ANTI-ESTRÉS	(80 MIN)	230.00
LOMI LOMI	(50 MIN)	140.00
LOMI LOMI	(80 MIN)	220.00
MUD MASSAGE / MASAJE CON FANGO	(50 MIN)	150.00
MUD MASSAGE / MASAJE CON FANGO	(80 MIN)	215.00

09 PRICE LIST / LISTA DE PRECIOS

HOT STONE EXPERIENCE / EXPERIENCIA CON PIEDRAS CALIENTES	(80 MIN)	240.00
BODY RELAXING MASSAGE / MASAJE RELAJANTE	(50 MIN)	130.00
BODY RELAXING MASSAGE / MASAJE RELAJANTE	(80 MIN)	205.00
DEEP TISSUE MASSAGE / MASAJE DE TEJIDO PROFUNDO	(50 MIN)	140.00
DEEP TISSUE MASSAGE / MASAJE DE TEJIDO PROFUNDO	(80 MIN)	220.00
NURTURE PRENATAL THERAPY / TERAPIA PRENATAL NUTRITIVA	(50 MIN)	130.00
NURTURE PRENATAL THERAPY / TERAPIA PRENATAL NUTRITIVA	(80 MIN)	205.00
MOON AND STARS MASSAGE / MASAJE A LA LUZ DE LA LUNA Y LAS ESTRELLAS	(50 MIN)	145.00
MOON AND STARS MASSAGE / MASAJE A LA LUZ DE LA LUNA Y LAS ESTRELLAS	(80 MIN)	250.00

BODY RITUALS / RITUALES CORPORALES

KINAN BODY GLOW / RESPLANDOR CORPORAL KINAN	(30 MIN)	100.00
SUNBURN TREATMENT / TRATAMIENTO PARA PIEL QUEMADA POR EL SOL	(50 MIN)	135.00
DETOX MAYAN HERBAL WRAP / ENVOLTURA CORPORAL DESINTOXICANTE	(50 MIN)	175.00
MUD BAR / BAR DE FANGO (BOTTLE 4OZ / BOTELLA 100G)		30.00

FACIAL THERAPIES / TERAPIAS FACIALES

ANTI-AGING FACIAL, DIAMOND BY GEMOLOGY / ANTI-EDAD, DIAMOND POR GEMOLOGY	(80 MIN)	215.00
DEEP CLEANSING FACIAL BY PRIMAVERA / LIMPIEZA PROFUNDA POR PRIMAVERA	(50 MIN)	155.00
FOR MEN – RED JASPER BY GEMOLOGY / PARA CABALLEROS - RED JASPER POR GEMOLOGY	(50 MIN)	155.00

09 PRICE LIST / LISTA DE PRECIOS

FOR YOUNGER GUESTS / PARA LOS MÁS PEQUEÑOS

PINK CARPET SPARKLE / BRILLO DE ALFOMBRA ROSA	(80 MIN)	110.00
THE SUPERHERO / EL SUPERHÉROE	(50 MIN)	90.00
BEE PAMPERED / ABEJITA CONSENTIDA	(50 MIN)	100.00
RELAX WITH DAD / RELAJÁNDOSE CON PAPÁ	(80 MIN)	150.00
RELAX WITH MOM / RELAJÁNDOSE CON MAMÁ	(80 MIN)	150.00

FINISHING TOUCHES / LOS TOQUES FINALES

NAILCARE / CUIDADO DE UÑAS

Manicure Manitas Bonitas / Manicura Manitas Bonitas	60.00
Pedicure Salty Marines / Pedicura Salty Marines	70.00
Spa Manicure Manitas Bonitas / Manicura Spa Manitas Bonitas	110.00
Spa Pedicure Salty Marines / Pedicura Spa Salty Marines	120.00
Polish Change / Cambio De Esmalte	35.00
Nail Gel Application / Aplicación de Gel	44.00
Nail Gel Removal / Retiro de Gel	20.00

HAIR SALON / SALÓN DE BELLEZA

Kinan Style Short / Estilo Kinan Corto	50.00
Kinan Style Long / Estilo Kinan Largo	70.00
Men's Haircut / Corte Caballero	35.00
Blow Dry / Secado de Cabello	From 70.00
Special Occasions / Ocasiones Especiales	From 70.00
Bridal or Photo Session / Prueba de Peinado	From 100.00

09 PRICE LIST / LISTA DE PRECIOS

SCALP TREATMENTS / TRATAMIENTOS CAPILARES

Dry Hair / Cabello Seco	(50 MIN)	85.00
Scalp Purifying Mineral Treatment for Dehydrated Scalp / Tratamiento Mineral Purificante para Cuero Cabelludo Deshidratado	(50 MIN)	85.00

MAKE UP / MAQUILLAJE

Touch of Color / Toque De Color		50.00
Special Occasion / Maquillaje Completo		100.00

WAXING

Lip / Bozo		20.00
Eyebrow / Cejas		20.00
Bikini (Not Brazilian) / Bikini (No Brasileño)		40.00
Chin and Lip / Mentón y Bozo		30.00
Full Face / Cara Completa		65.00
Underarm / Axilas		40.00
Full Legs / Piernas Completas		100.00
Half Legs / Medias Piernas		65.00
Full Legs and Bikini / Piernas Completas y Bikini		120.00
Back / Espalda		80.00
Moustache and Beard / Bigote y Barba		30.00

