



TREATMENTS & PRODUCTS



# Welcome

Enveloped in a serene atmosphere, our tranquil spa awaits. Indulgent treatments help restore and enhance your natural, youthful vigor while working to dissolve tension, soothe limbs, and boost energy. We believe every day is a day to celebrate the feeling of rejuvenation through our program of renewal. A sense of peace and wellbeing awaits.

## A Personal Greeting

Welcome to The Spa at Belmont Charleston Place. Whether you're here for business or pleasure, our spa is an unmissable treat. Our innovative treatments and products are designed to achieve soothing results, leaving you refreshed and revitalized.

I hope you have a wonderful experience at The Spa, and don't hesitate to let me know if there's anything you need.

Brandon Watts  
Spa Director



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# SIGNATURE INDULGENCES

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## BODY OFFERINGS

*Lavish scrubs, wraps, and rituals cleanse, polish, and awaken the senses. Free your body as you detox and purify.*

### MOROCCANOIL RITUAL

80 min / 250-

The ultimate body treatment. Incorporates exotic Moroccan oil Body Collection to detoxify, hydrate, and exfoliate your body from scalp to toes. The antioxidant-rich, argan oil infused with natural orange peels will leave your skin irresistibly silky and radiant.

### CUSTOMIZED BODY SCRUB

50 min / 165-

Exfoliating salt plus vitamins, herbs, and spices in the flavor of your choice. Bask in a 25-minute body massage for added softness and relaxation. Choose your flavor:

CITRUS GRASS

LAVENDER

PEPPERMINT ROSEMARY

SWEET TEA

TRIPLE SHOT COFFEE

*Note: Please do not shave before or schedule a same day waxing with this treatment.*

### SEAWEED DETOX

50 min / 165-

Replenish your skin to its natural youthfulness with our therapeutic seaweed mud mask, which rebalances and rehydrates. Helps activate blood circulation and eliminate toxins. Restores optimum moisture and lasting skin softness.

*Note: Not recommended for individuals who are allergic to shellfish or iodine.*

## THERAPEUTIC MASSAGE

*With healing hands and ancient therapies, limbs are soothed and muscles are restored as stress melts away. \*All massage treatments are available in a couple's setting.*

### SIGNATURE MASSAGE

50 min / 145- 80 min / 220- 100 min / 275-

Our classic European technique gently soothes aches and pains, improves circulation, and relieves tension. Emerge relaxed and more limber.

### YOUR CHOICE

50 min / 155- 80 min / 235- 100 min / 295-

Incorporates elements of Swedish, Reflexology, and Deep Tissue Massages. Customized to soothe and de-stress.

### DEEP TISSUE

50 min / 165- 80 min / 245- 100 min / 310-

Stronger, deeper pressure targets muscle tension and soreness. Improves flexibility and mobility.

### MOTHER-TO-BE

50 min / 145-

Precious mommy-baby time. A light, gentle touch helps relieve pre-motherhood stress and lower back pain. Improves circulation, alleviates water retention, and congestion.

### WARM STONE

80 min / 250-

Extreme relaxation. Our healing touch plus the energy of smooth, heated stones melts away everyday stress and tension.

### FOOT REFLEXOLOGY

50 min / 155-

This ancient art of pressure-point massage restores balance, improves circulation, relieves stress and tension in the feet, and benefits the entire body.

### MOROCCANOIL SCALP AND NECK TREATMENT

50 min / 150-

The "aahh" massage that elevates you to a place far, far away. Exotic Moroccan oil rejuvenates your scalp while the neck and shoulder massage relieves fatigue and stress-induced tension. Emerge recharged and fully rejuvenated.

### TOP TO TOE

50 min / 155- 80 min / 235-

Receive our two favorite treatments—a 25-minute Moroccan oil Scalp and Neck Treatment with a 25-minute Foot Reflexology Treatment. The exotic Moroccan oil rejuvenates your scalp, neck, and shoulders, while the foot reflexology relieves tension in the feet, benefiting the whole body.

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RECEIVE 10% OFF ALL TREATMENTS MONDAY-THURSDAY  
(Excludes Packages)

## ULTIMATE BLISS

50 min / 270-

The wow factor in spa treatments. Receive a 50-minute Moroccan oil Scalp and Neck Treatment and Foot Reflexology while two massage therapists work on you simultaneously. Be prepared to be swept away.

## SALTABILITY MASSAGE

50 min / 170- 80 min / 250-

Incorporated with our Signature or Deep Tissue Massage, Himalayan pink salt stones provide added benefits to replenish and nourish your skin and body with 84 minerals. The 100% pure Himalayan pink salt lightly detoxifies the skin while balancing and neutralizing the ill effects of the toxic frequencies we live with every day. Besides, it's good for you and the earth—it features low energy use, no water or chemicals.

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## SKIN CARE

*With a treatment available for every desire, our forward-thinking skincare remedies accentuate the positive and counteract the negative. Reveal the skin you were born to show with a soothing experience.*

### SIGNATURE FACIAL

50 min / 145- 80 min / 250-

Our customizable signature facial cleans, exfoliates, and rejuvenates all skin types. Renew your spirit with a relaxing facial massage.

### MICRO-DERMABRASION

50 min / 195-

Micro-fine, non-irritating, natural crystals help exfoliate the skin and smooth away discoloration, sun damage, tiny lines, and wrinkles. Unveils newer, healthier, vibrant skin.

### SOUTHERN GLOW

50 min / 165-

The glycolic or lactic facial gently re-textures and helps smooth lines and uneven skin tone. Lightens pigmentation and deep cleans. Suggested for the ultimate glow.

### BACK BUFF

80 min / 250-

Get ready to bare, combining a 25-minute gentle back buffing to restore your skin, with a 50-minute facial. Leaves skin smooth and clean.

### TATA HARPER NOTHING BUT NATURE

50 min / 165-

The next generation of beauty, 100% natural non-toxic face ritual. Experience a unique and indulgent treatment designed to transform the look of your skin, all without a single drop of synthetic chemicals.

## ULTIMATE BLISS

50 min / 260-

Two therapists work their magic transporting you to a deeper sense of relaxation. Our Signature Facial and a Foot Reflexology Treatment are being performed simultaneously, blissfully restoring your sense of well-being.

## DOUBLE DELIGHT

50 min / 155-

Combines a 25-minute Signature Facial with a 25-minute Moroccan oil Scalp and Neck Treatment. Our signature facial cleans, exfoliates, and rejuvenates while the Moroccan oil Treatment relieves fatigue and stress-induced tension.

## INTRACEUTICALS TREATMENT

50 min / 195- 80 min / 250-

A continuous flow of oxygen, under pressure, infuses a quenching cocktail of vitamins and antioxidants into the skin creating instant, visible results. This deeply hydrating facial dramatically reduces the appearance of fine lines and wrinkles. Walk out feeling luminous and “red carpet” ready.

## GENTLEMAN'S FACIAL

50 min / 165-

Put age in reverse with our gently exfoliating, acid-based treatment that smooths fine lines and renews skin cells. Sit back and enjoy the anti-stress face, neck, and shoulder massage. Your whole body benefits.

*Note: Please do not shave within 4 hours of a Gentleman's Facial.*

## OIL CHANGE FACIAL

50 min / 145-

Tackle the shine and excess oil that leads to clogged pores and blemishes. Our invigorating, deep cleansing facial re-energizes skin and improves vitality. Skin looks and feels cleaner and healthier.

*Note: Please shave 2 hours prior to an Oil Change Facial.*

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## HAND & FOOT THERAPIES

*Pamper yourself with an invigorating hand and foot therapy that will leave you feeling relaxed and polished. Please inform The Spa at time of reservation if you currently have gel polish on your fingernails or toenails. Failure to do so may not allow adequate time to perform your requested treatment. The Spa does not apply or remove acrylic.*

**SPA MANICURE** 30 min / 45-

**SPA PEDICURE** 45 min / 65-

**FRENCH MANICURE** 45 min / 55-

**FRENCH PEDICURE** 45 min / 70-

**GEL MANICURE** 30 min / 60-

**GEL POLISH SOAK OFF** 15-

**POLISH CHANGE** 15 min / 25-

**GENTLEMEN'S MANICURE** 30 min / 40-

**GENTLEMEN'S PEDICURE** 40 min / 55-

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*RECEIVE 10% OFF ALL TREATMENTS MONDAY-THURSDAY  
(Excludes Packages)*

MOROCCANOIL MANICURE 45 min / 60-

MOROCCANOIL PEDICURE 50 min / 85-

The ultimate in hydration, these treatments revitalize your skin and stimulate your senses. The unique and luxurious orange peel scrub gently exfoliates your skin, preparing it for the rich effects of Moroccan oil's honey lavender-scented intense hydrating treatment. Your skin will feel soft and rejuvenated.

MARGARET DABBS SUPREME MANICURE 45 min / 60-

MARGARET DABBS SUPREME PEDICURE 60 min / 85-

Margaret Dabbs, a renowned London podiatrist, has created a luxurious expert-led beauty regimen for hands and feet. An excellent antidote for clients who travel a lot or stand on their feet all day. Legs, feet, hands, and arms will be revitalized while looking and feeling refreshed.

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## SPA SPECIALTIES

EYELASH TINTING 40-

EYEBROW TINTING 40-

LIP OR EYE HYDRATING TREATMENT 25-

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## SPA WAXING

LIP OR CHIN 25-

BROW 35-

UNDERARM 35-

BIKINI 45-

BRAZILIAN 70-

BRAZILIAN WAX CONSULTATION 75-

LOWER LEG 50-

UPPER LEG 75-

FULL LEG 95-

BACK 80-

ARM 50-

STOMACH 45-

*Note: For best results, hair should be at least ¼ inch long. You may not wax if taking Accutane currently or in the past 6 months, Retin-A currently or in the past 3 months, glycolic acid or any other keratolytic medication that increases skin exfoliation, or if you have sunburned skin, or skin scarring from a recent laser peel. Waxing does have certain side effects such as skin removal, redness, scabbing, bruising, scarring, tenderness, hyperpigmentation, and/or pimples. Failure on your part to disclose any information could result in any of the above injuries and/or illness.*

## SPA KIDS

*Good habits start here. Yummy treats and tender teachings delight children 12-years old and under, accompanied by an adult, of course.*

LOLLIPOP MANICURE 25 min / 35-

LOLLIPOP PEDICURE 30 min / 35-

Make hands and feet sparkle. Finish with your choice of nail color. And yes, a lollipop to go.

THE CINDERELLA

25 min / 70-

A gentle 25-minute facial gets you started on the right track to proper skincare.

BOYS ABOUT FACE

25 min / 70-

He'll want to sit still for this. An energizing 25-minute facial helps keep his young skin looking clean and healthy.

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## FITNESS OFFERINGS

*The body is home for the mind. Keep both fit and finely tuned with a personal plan.*

BODY FIRMING

2 hrs / 240-\*

Pure and simple. Our detailed exercise program helps firm the lower body and targets trouble areas. Plus, a Seaweed Detox wraps you, warms you, and works below the surface to purify, rebalance, and rehydrate your skin. Relax your entire being.

YIN AND YANG

2.5 hrs / 325-\*

The best of tai chi, yoga, and pilates helps balance your chi (life force energy). Tai chi has been referred to as "Yoga in Motion," a moving meditation and powerful key to relaxation, focus, and concentration. To finish, a Warm Stone Massage brings you closer to nirvana.

BOOT CAMP

2 hrs / 240-\*

Take the challenge. Our multi-dimensional training uses various athletic activities to help build endurance and burn more calories in less time, without being bored. The session ends with a Deep Tissue Massage to ease muscle tension and soreness.

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RECEIVE 10% OFF ALL TREATMENTS MONDAY-THURSDAY  
(Excludes Packages)

\* Price per person

## PERSONAL TRAINING SESSION

50 min / 75-\*

Our certified trainer can customize a fitness session suitable for your needs.

## POWER WALK WITH INTENSE INTERVAL TRAINING

2 hrs / 250-\*

Start with a fitness evaluation and work-out tuned to your specific goals. Followed by a power walk with high intensity interval training in Charleston's historic district.

- Build your own 'guns' near the antique cannons at White Point Gardens
- Pump up your heart rate beside Waterfront Park's welcoming Pineapple Fountain
- Channel your inner Rocky on the 50-plus steps of the Custom House at Market Street
- Crush a set of lunges alongside historic downtown homes

## YOGA SESSION

50 min / 75-\*

We offer private classes to suit every age, body, and ability level. Our highly trained teachers will help to guide you to a state of mindful relaxation.

## CUSTOMIZED FITNESS CLASSES

We offer a complete range of fitness activities and equipment for all skill levels. Our certified personal trainer can customize a fitness program suitable for your needs. And, to appropriately outfit you for your workout, the Fitness Center offers a collection of sportswear.

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# SPA PACKAGES

*Treat yourself or someone special to a luxurious spa experience. The following packages may not be altered.*

## MOTHER-TO-BE

3 hrs / 295-

Mother-to-Be Massage, Signature Facial, and Spa Pedicure

## BLISSFUL BALANCE

2.5 hrs / 285-

Signature Facial, Signature Massage, and Spa Manicure

## PERFECT MINI VACATION

3 hrs / 295-

Signature Facial, Signature Massage, and Spa Pedicure

## GIRLFRIEND'S GET-AWAY

3 hrs / 360-\*

Signature Facial, Your Choice Massage, Margaret Dabbs Pedicure. Spa lunch served poolside.

## GENTLEMEN'S GET-AWAY

2.5 hrs / 290-

Customized Body Scrub, Oil Change Facial, and Gentlemen's Manicure

## MOTHER-DAUGHTER RETREAT

3 hrs / 485-\*\*

Signature Facial, Spa Manicure, and Pedicure. Spa lunch served poolside.

## ULTIMATE SPA DAY

6 hrs / 585-

Southern Glow Facial, Moroccanoil Ritual, Signature Massage, Spa Manicure, and Pedicure. Spa lunch served poolside.

## SERENITY NOW

7.5 hrs / 820-

Signature Facial, Moroccanoil Ritual, Moroccanoil Manicure, Moroccanoil Pedicure, Your Choice 80-Minute Massage. Spa lunch served poolside with sparkling wine. Plus, take home The Spa Waffle Weave Robe.

## BRIDAL PARTIES OR GROUP OUTINGS

Enjoy a day of relaxation with your bridesmaids or closest girlfriends. Perfect for small groups or as a "thank you" for your team, let us customize a spa experience that fits your group's needs. Contact our Spa Group Sales Manager directly at 843-937-8522 or via email at [spa.cph@belmond.com](mailto:spa.cph@belmond.com).

\* Price per person

\*\* Price for two people



The Spa at Belmont Charleston Place is proud to sponsor the I Will Reflect Melanoma Awareness and Prevention Initiative. Our goal is to increase awareness of skin protection, thus aiding in the prevention of skin cancer, by reflecting on these skin affirmations:

**I WILL REFLECT...**

- ... and wear sunscreen year-round
- ... and use a minimum of 30 SPF Broad Spectrum sunscreen
- ... and seek the shade between 10am and 4pm
- ... and have an annual full-body skin check
- ... and share this important message with others

To learn more about our I Will Reflect campaign and ways to protect yourself from melanoma, visit [IWillReflect.org](http://IWillReflect.org). Follow the campaign on Instagram, @IWillReflect\_ for more sun safety and wellness tips, and use the hashtag #IWillReflect to join the sun safety conversation.

**SUPPORT THE CAUSE**

There are several ways to support this campaign through offerings in The Spa.

**I WILL REFLECT FACIAL 50 min / 150-**

This facial, suitable for all skin types, is designed to cleanse, exfoliate, and re-texture. It beautifully regenerates the skin's appearance, leaving it looking and feeling soft and smooth. The perfect way to protect yourself from the sun's harmful and damaging rays.  
100% of the sale of the facial goes to I Will Reflect.

**A. SILICONE BRACELET 5-**

This bracelet glows blue every time skin is exposed to harmful sun rays, reminding one to follow the rules of sun safety and skin protection.  
100% of the sale of the bracelet goes to I Will Reflect.

**B. BEADED BRACELET WITH GOLD-PLATED CHARM 25-**

Created exclusively by renowned local jeweler Christina Jerve, these fun, colorful beaded bracelets, with the I Will Reflect gold-plated charm, can be worn separately or stacked for a more dramatic look. 50% of the sale of the bracelet goes to I Will Reflect.

**C. MOON PHASE YOGA MAT 78-**

Our moon phases yoga mat makes a peaceful addition to your daily yoga routine. Inspired by a beautiful night under the stars and the cycles of the moon as an art form, this yoga mat adds serenity to your yoga practice. Anti-slip rubber backing and soft, sweat absorbing suede cloth top. Comes with a carry strap that can double as a strap to be used during your yoga class. Foldable, reversible, machine washable, eco-friendly, and made with biodegradable materials. 15% of the sale of the mat goes to I Will Reflect.

**D. MDSOLAR SCIENCES MINERAL TINTED & NON-TINTED CRÈME SPF 30-50**

STARTING AT 32-

Broad Spectrum UVA-UVB sunscreen available as a crème, stick, and spray perfect for all skin types—including acne and rosacea prone. With a silky-smooth texture, the luxurious product is a perfect addition to any daily beauty or grooming routine.



## SPA PRODUCTS

Take your spa experience home with you with gifts from *The Spa*.

### A. ZAGS\*

Whether you prefer the beach or pool, these sunwraps provide stylish and colorful protection from harmful rays with UPF 50+ materials. An eclectic mix of vibrant designs and styles bring a pop of fun in the glimmering sunshine.

### B. GRIT & GRACE OYSTER SHELLS\*

Created by nature and painted with an ocean of love, these dishes make the perfect holder for jewelry, soap, or whatever you please. "The World is Your Oyster," after all.

### C. MISSION ESSENTIALS FIGHT BACK "2" BUG SPRAY\*

Fight Back "2" Bug Spray is a 100% natural insect repellent spray made from essential oils.

### D. TATA HARPER SKINCARE

Handcrafted skincare products made for those who want the best in the world, without a single drop of artificial chemicals. The purified and innovative ingredients leave skin feeling restored back to its natural youth.

### E. CHRISTINA JERVEY JEWELRY\*

Drawing inspiration from nature, local metalsmith Christina Jervey creates unique, timeless designs in brass, sterling silver, and 14k gold.

### F. LAFCO DIFFUSERS AND CANDLES

LAFCO's luxurious collection of soaps, lotion, diffusers, and candles are made from rigorously sourced essential oils. The products are hand produced using both time-honored botanical production practices and cutting-edge technology.

### G. MEETING & MARKET CUSTOM CANDLE\*

Take *The Spa's* custom scent home with you. With subtle hints of peach and white tea, these candles are hand-poured, cotton-wicked, labeled, and polished by local artisan Marc Gaskins.

### \*LOCAL PRODUCTS

Explore our website, [BelmondCharlestonPlaceSpa.com](http://BelmondCharlestonPlaceSpa.com), or visit *The Spa* to view and purchase a full selection of retail products.

A.



B.



C.



D.



E.



F.



G.





## YOUR SPA EXPERIENCE

Please take a moment to review the information below before you enjoy your spa visit.

### APPOINTMENTS

Please call The Spa directly to make your appointments or request your treatment online at [BelmondCharlestonPlaceSpa.com](http://BelmondCharlestonPlaceSpa.com). For preferred spa times, we suggest you book in advance.  
Telephone: 843 937 8522

### CANCELLATION POLICY

To provide our clients with consistently outstanding service, we must charge a 100% cancellation fee for any spa service cancelled less than 4 hours before your scheduled appointment. If a spa service has been left unpaid by end of business day, the service plus 20% gratuity will be charged to the guest's room or credit card on file. Thank you for your understanding.

### ARRIVAL

We recommend you arrive 15 minutes before your spa appointment to allow adequate time to change and decompress from your day. Please keep in mind that all treatments need to end on time, and a late arrival will result in a shortened treatment time to accommodate other guests fairly.

### SPA FACILITY

Our treatments are designed for both men and women and are performed in the comfort of private treatment rooms. Our professionally trained and licensed staff is skilled in the latest spa therapies. For your convenience, we provide towels, shampoo, conditioner, body lotion, deodorant, and combs. For your comfort, you will wear a robe and slippers during your stay. We regret that we cannot be responsible for loss or damage to personal property including clothing and jewelry.

### FOR YOUR COMFORT

For your comfort and the comfort of all our guests, our spa is a non-smoking facility. Cell phones are not permitted in The Spa.

### SPA GIFT CARDS

The Spa at Belmond Charleston Place Gift Cards make the perfect gift, even for the person who has everything. Don't have time to stop by The Spa? You can purchase an e-Gift Card or mail a Gift Card directly to the recipient by visiting [Belmond.com/GiftCards](http://Belmond.com/GiftCards). Our Gift Cards are transferable, but are non-refundable. We are not responsible for lost or stolen Gift Cards.

### TREATMENT PRICING

All treatment prices do not include gratuity. Gratuity is left to your discretion and should be based on satisfaction of services. We reserve the right to modify, discontinue, or raise prices on certain treatments without prior notification.

### MINORS

Minors under the age of 18 must be accompanied by a parent or legal guardian in the treatment room.

## HOURS OF OPERATION

*Fitness Center and Spa hours may vary on select holidays throughout the year. Please check with The Spa staff for updates.*

### SPA RECEPTION DESK

MONDAY-FRIDAY: 6AM-10PM  
SATURDAY-SUNDAY: 7AM-10PM

### SPA TREATMENTS

MONDAY-FRIDAY: 8AM-8PM  
SATURDAY-SUNDAY: 8AM-7PM

### POOL & FITNESS CENTER

MONDAY-FRIDAY: 6AM-10PM  
SATURDAY-SUNDAY: 7AM-10PM

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## ELYSIUM SALON AT CHARLESTON PLACE

Dedicated to providing world-class hair and makeup services, Elysium Salon at Charleston Place prides itself on creating a unique style for each individual. Located on the lobby level, highly trained, experienced stylists deliver gracious service in a unique, luxurious environment. Offering haircuts, coloring, specialty treatments, special occasion and wedding hair plus makeup applications and lessons daily.

MONDAY: 10AM-6PM | TUESDAY-SATURDAY: 10AM-7PM  
843 724 7200 | [ELYSIUM.CPH@BELMOND.COM](mailto:ELYSIUM.CPH@BELMOND.COM)  
[ELYSIUMATCHARLESTONPLACE.COM](http://ELYSIUMATCHARLESTONPLACE.COM)



A Natural Wonder, the ginkgo has survived over millions of years. Hailed as the healing tree in China, its therapeutic bark, leaves, and seeds have brought wellness to generations. The long-lived ginkgo is not only beautiful, but remarkably resistant to disease, tolerant of air pollution, and virtually undisturbed by the effects of the environment.



205 Meeting Street, Charleston, SC 29401  
843 937 8522

[BELMONDCHARLESTONPLACESPA.COM](http://BELMONDCHARLESTONPLACESPA.COM)

*Revised 8/18*